

Healthy Homes Month: Building a Stronger, Healthier South Wedge

*By Jennifer Posey, Executive Director, South Wedge
Planning Committee*



April is Healthy Homes Month, a time to recognize how the places we live directly impact our health, safety, and overall well-being. In the South Wedge, this is especially important for many of our neighbors—particularly older adults and residents living on fixed incomes—who may be navigating housing challenges alongside health concerns.

A healthy home is more than just a roof over your head. It means having a space that is safe, stable, and supportive of your daily life. This includes things like proper heating, good air quality, accessibility, and freedom from hazards that can lead to injury or illness. When these basic conditions aren't met, it can affect everything from physical health to mental wellbeing.

At the South Wedge Planning Committee (SWPC), we see every day how closely housing and health are connected. Residents facing housing instability, rising costs, or accessibility barriers often experience increased stress, isolation, and health risks. That's why our work focuses not only on strengthening our neighborhood, but also on helping residents access the resources and support they need to live safely and comfortably in their homes.

Healthy Homes Month is also a reminder that small changes can make a big difference. Simple actions—like improving lighting, reducing clutter to prevent falls, addressing moisture or ventilation issues, or connecting with available support programs—can significantly improve quality of life.

10 Healthy Home Tips

1. Improve lighting in hallways, stairways, and entry points to prevent falls.
2. Reduce clutter and keep walkways clear to create safe, accessible paths.
3. Check smoke and carbon monoxide detectors monthly to ensure they are working properly.
4. Control moisture and fix leaks to prevent mold and improve air quality.
5. Ventilate your home by opening windows or using fans, especially in kitchens and bathrooms.
6. Secure rugs and cords to prevent tripping hazards.
7. Keep frequently used items within easy reach to avoid unnecessary strain or injury.
8. Maintain heating systems to ensure your home stays warm and safe during colder months.
9. Use non-toxic cleaning products when possible to reduce exposure to harmful chemicals.
10. Stay connected—check in with neighbors or loved ones and don't hesitate to ask for help when needed.

We also encourage residents to reach out if they need help navigating resources related to housing stability, accessibility modifications, or tenant protections. You don't have to figure it out alone. SWPC is here to help connect you to local services and support networks that can make your home safer and more sustainable. As we move into spring—a season of renewal—it's a great time to think about the spaces we live in and how they support our health. Whether it's making small improvements, checking in on a neighbor, or getting connected to resources, every step contributes to a stronger, healthier community. Stay tuned for future free programming on how to keep your home healthy. To learn more and stay updated, visit our website at www.swpc.org. Healthy homes build healthy communities—and together, we can continue to make the South Wedge a place where everyone has the opportunity to live well.

Programming

ALL ARE WELCOME TO ATTEND

The Incredible Legs of Dr. Bly: Helping Soldiers across the Union

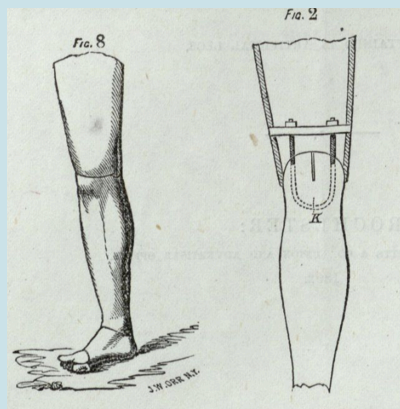
History talk with Gerry Szymanski

Thursday, May 21

5:30-6:30pm

The Ellwanger Estate

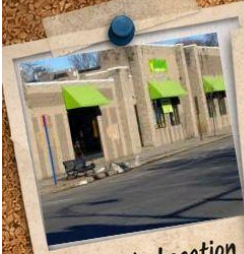
Sign Up



Presented by the South Wedge Planning Committee

THE GREAT WEDGE HUNT

— A South Wedge Photo Adventure —



Check-In Location
Abundance Co-op
12:30 PM



After Party
Lux Lounge
3:00 PM



Adventure
Begins 1:00 PM



Teams of 2-5 Players

Explore the neighborhood
Complete photo missions
Win prizes



\$100
GRAND PRIZE!



Team
Registration
\$25 Advance
\$35 Day Of

Saturday, May 9



Register & Details



community engagement



SWPC BOARD MEETING

All are welcome to attend
Tuesday, May 19th
at 9:00am

[*ZOOM LINK*](#)



SAVE THE DATE

Clean Sweep
with the
City of Rochester

Tomorrow, Saturday, May 2nd
with Rochester Red Wings
Baseball Game to follow!

[*Register Here*](#)



CITY of ROCHESTER
Malik D. Evans, Mayor



A Century of Community: Historic Dicky's Corner Pub Building Hits the Market

ROCHESTER, NY – A cornerstone of Rochester's South Wedge and Highland Park neighborhoods is entering a new chapter. Pete Zizzi, with TruAgent Real Estate, is pleased to announce the upcoming commercial listing of the historic property located at 789-791 Meigs Street. Situated prominently at the intersection of Caroline and Meigs Street, the building is best known as the home of Dicky's Restaurant, now Dicky's Corner Pub, a local institution that has defined the neighborhood's social fabric for decades.

The property's rich history dates back to 1922, when it was acquired by Italian immigrants Michael and Francesca Salvaggio. For over 100 years, the Salvaggio family has served as the dedicated stewards of this site, navigating a century of Rochester's evolution. Now, after four generations of family ownership, grandson Richard Salvaggio has decided to offer the property for sale, marking the conclusion of a remarkable centennial legacy that began with his grandparents' American dream.

While the building is changing hands, the "spirits" of the neighborhood aren't going anywhere. A vital point for the community to note is that Dicky's Corner Pub remains open for business. The sale is for the real estate itself, and the pub is expected to continue its operations seamlessly. The goal of this transition is to find a new owner who appreciates the building's storied past while ensuring that Dicky's remains the go-to gathering spot for the local regulars and new visitors alike.

The architecture and location of 789 Meigs Street represent a vanishing breed of authentic neighborhood hubs. As many city corners undergo rapid modernization, this property stands as a testament to Rochester's enduring character. The Salvaggio family's century-long tenure has preserved the building's identity, making it not just a piece of real estate, but a landmark of communal heritage where generations of Rochesterians have shared amazing food, drinks, stories, and celebrations.

Prospective buyers and community members seeking more information on this unique opportunity are encouraged to reach out for details. For touring instructions and professional inquiries, please contact Pete Zizzi of TruAgent Real Estate at 585-802-5198 or via email at petezizzi@truagent.com. This is a rare chance to invest in a piece of Rochester history while supporting the continued legacy of one of the city's most beloved corner pubs.



The Zoning Alignment Project, also known as the “ZAP” has entered a new stage. Part of the City of Rochester’s *2034 Comprehensive Plan*, the goal of the ZAP is to update the city’s current zoning regulations to better align with the comprehensive plan’s goals.

As of last week, the final draft of what will become Rochester’s new zoning code is available for the public to review. The public can also *compare the new zoning map* to the current iteration and read what changes were made as part of the original public comment process in the Final Generic Impact Statement. The public will be given a chance to comment on final draft at future City Planning Commission and City Council meetings, dates are yet to be announced. The City Zoning and Permitting office expects public hearings to begin in mid-summer.

For the South Wedge, our neighborhood has been earmarked for an expansion to our Medium Density Residential (MDR) zoning, the addition of a small Boutique Mixed-Use district at the corner of Caroline and Meigs, and the addition of more Neighborhood Mixed-Use properties along Mt. Hope Avenue. Our organization is currently meeting with fellow neighborhoods to keep up to date on the impacts any proposed changes might have either within our neighborhood or citywide. Special thanks to our fellow Southeast Quadrant neighborhoods for their continued collaboration.

To see a physical copy of the proposed code and map, you can visit our *Neighborhood Service Center*, any city library location, or Rochester City Hall. All digital copies can be found at *Rochester Zap*

SAVE THE DATE!



Small Business STROLL

South Wedge!

Would you like to explore a new neighborhood and support local businesses? Then the Small Business Stroll is for you! Meet the owners, enjoy samples and discounts, and enter a raffle to win fun prizes!

This is a walking tour that will take place rain or shine.

Saturday, May 9th 2-5pm

Starting Location: Women of Color International at 539 South Avenue

Space is limited, so register today!

<https://calendar.libraryweb.org/event/16629233>

Business Insight Center

Central Library of Rochester & Monroe County
115 South Avenue, Rochester, NY 14604

RocCityLibrary.org



Central Library
of Rochester &
Monroe County

Monroe County Library System

The Central Library is accessible to people with disabilities. To request specific accommodations call 585-428-8304 ten days prior to the program.

26-523-03



Ladybug Day

JOIN US FOR A FREE, FAMILY FUN DAY SURROUNDED BY COMMUNITY!

WIDE WATER GARDENS & CULVER ROAD ARMORY | 345 ROSEDALE ST, ROCHESTER, NY 14620 | **JUNE 6TH 11AM-3PM**

- 🌸 Live music
 - 🌸 Free Face Painting
 - 🌸 Kids Parade
 - 🌸 Local Artists & Businesses
 - 🌸 Arts & Crafts
 - 🌸 The Bubble Man
- Live ladybug release! 🐞

THANK YOU TO OUR SPONSORS!

SPONSOR TODAY!

BECOME A VENDOR!

🐞 QUESTIONS? CONTACT KIKI@SEACROCHESTER.ORG OR (585)721-2624 🐞

SAVE THE DATE

Thursday, July 16th

South Wedge Pride Event

Lux Lounge and Star Alley

More Info Coming Soon!

Annual
SOUTH WEDGE
COMMUNITY YARD SALE
SATURDAY
AUGUST 1ST
rain or shine
10A to 3P

JOIN US FOR THE



SAVE THE DATE!
MORE INFO TO COME!



GO SOUTH WEDGE!
WWW.SWPC.ORG



South Wedge Festival

Save the Date:
Saturday, August 15

We are currently planning the 2026 South Wedge Festival.

Are you interested in Busking? [Apply Here](#)

Are you an artist interested in vending? [Apply Here](#)

Are you interested in info about sponsoring the event? [Info Here](#)

Interested in Writing for The Wedge?

Are you interested in writing articles for The Wedge Newsletter?
Submit your ideas, articles, even photos or art would be cool!

Email Us!



JOIN US!

for SOUTH WEDGE STEPS

**FREE
EVENT**
Rain or shine!



**TUESDAYS and THURSDAYS
MORNINGS at 8:30AM**

**MEET OUTSIDE OF ABUNDANCE FOOD CO-OP
571 SOUTH AVENUE, ROCHESTER**



INFO@SWPC.ORG

**WALK AROUND *the* WEDGE WITH US
and GET YOUR STEPS IN**

(APPROX. 30 MINS, ROUTES WILL VARY)



Thank you



THANK YOU

A shout out to members of the First Unitarian Church of Rochester who showed up and helped with the River Clean Up! We appreciate your help!!

The First Unitarian Church

Our Neighborhood Highlight
Marilla's Mindful Supplies



GO SOUTH WEDGE



South Wedge Planning Committee | 224 Mt Hope Ave | Rochester, NY 14620 US

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