

## South Wedge Farmers Market Opens for the Season with Strawberry Festival

by Sue Gardner Smith

The South Wedge Farmers Market gets off to a sweet start this year on Thursday, June 12, with an Opening Day Strawberry Festival. The Market is located at 100 Alexander St. (behind Boulder Coffee) and runs from 4 to 7 p.m. every Thursday through October 16. Strawberry treats will be available, including a special offering prepared by Chef Adrian Baldwin of Napa Wood-Fired Pizzeria. Strawberry recipes will be available with ideas on how to prepare the fresh, sweet berries available from Market farmers. (Mother Nature willing!) Kids can taste a juicy strawberry at the Wedge Veg Passport Kids' tent. Music will be provided by Clamor, a local trio consisting of Steve Piper, Rick McRae, and Bruce Diamond.

This year's South Wedge Farmers' Market welcomes new vendors along with many returning favorites. New this year is Fairport Brewing Co., which will offer beer and soda sold in growlers plus

free 2 oz. samples, all made at the brewery in Fairport. Black Button Distilling also joins the market with spirits distilled on Railroad St. in Rochester. Vendors will offer a wide variety of fruits, vegetables, meats, flowers, and baked goods throughout the season. Le Petit Poutine, Eat Me Ice Cream and Napa Wood-fired Pizzeria will offer treats to eat right at the Market. Each week there will be activities for kids, live music and community groups providing information about what's happening in our part of the City.

The Market, sponsored by the South Wedge Planning Committee, is grateful this year for support from Genesee Co-op Federal Credit Union, the South Clinton Merchants Association, Wedge 23 LLC, and Highland Contractors.

Sign up for weekly emails at the website, [www.swfm.org](http://www.swfm.org) and follow the Market's activities on Facebook, Twitter, and Pinterest.

See you at the Market!

### Tips for Market Shoppers!

Get to know the farmers at the farmers market. Not only does it make food shopping more fun, it allows an exchange of information that benefits customers and farmers alike. Customers can learn about the farm, its growing practices and what to do with a purple turnip. Farmers learn what products their customers are looking for and what growing practices they value. Lots of friendships are forged at farmers markets.

Discover the pleasures of seasonal eating. There are no seasons at the supermarket. We can get grapes from Chile, tomatoes from Mexico, everything under the California sun any time of year. Local eating means a return to seasonal eating. There's no comparing the first local just-picked June strawberry to its year-round supermarket counterpart--it's worth the wait. Once you get used to the idea, the fresh, intense flavors of local, seasonal foods will win you over.

Think about the big picture. By shopping at a farmers market, we are helping farmers whose names we know put food on their tables. We are supporting businesses we value, rather than large corporations far away. We are active participants in creating a stronger local food system.

### Help us Spread some South Wedge Farmers Market Love!

If you see one of our posters, post cards, or banners in the community, take a selfie with it! Then post it to our Facebook page, tweet it at us, or Instagram it using #SWFMselfie.

On opening day (June 12), we'll pick our favorite #SWFMselfie and have an awesome prize for the winner at the market!

### Inside:

- Orbs Restaurant
- Surface Salon
- The North Wedge Comic
- "Talking with My Mouth Full" Nathaniel Mich at Flour City Bakery
- Horoscopes by Kimberly Wright
- Rochester Hope for Pets
- Parents & Teachers Protest School Testing
- Highland Park Library
- Wall Therapy
- Clean Sweep Revisited
- HPNA Annual Art Show



**Landmark Society House & Garden Tour June 6 and 7. Story inside.**



Gaia's Wall Therapy is backdrop for Clean Sweep 2014. Pg.11



Rev. Matthew Martin Nickoloff joins parents/teachers protest against over testing in City schools. Pg. 9

South Wedge Planning Committee  
224 Mt. Hope Avenue  
Rochester, New York 14620

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**JUNE 12 - OCT. 16, 2014**  
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**AT SOUTH CLINTON AVENUE**  
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## ABVI Builds Mobility Training Area at S. Clinton Ave. Site

by Todd Pipitone

As the Greater Rochester region's only provider of comprehensive low vision and vision rehabilitation services, the Association for the Blind and Visually Impaired (ABVI) is the place to turn to for a growing number of individuals and families in the community seeking to overcome barriers created by significant vision loss.

In 2012, ABVI opened its new Vision Rehabilitation Center, allowing the organization to position itself to provide services to the increasing population within the community that have significant vision loss. With the inside of the building complete, ABVI turned its attention to the outside – specifically, to an area behind the building that is adjacent to the 490 Expressway. Currently under construction, the outdoor area is designated for training and play for people of all ages who are blind or visually impaired.

"Many people, especially adults, who come to ABVI for services, tell us that with their lack of vision they are afraid to travel or even leave their homes," said Tracy Schleyer, VP of Development at ABVI. "Our dedicated staff enhances the lives of these individuals by training them to be mobile, to go outdoors, to continue their joy of activities such as gardening and being in the environment they always loved."

Schleyer said that having space on ABVI's campus for this type of training is going to have a "tremendous impact on the lives of many people."

The 12,000 square foot addition is an outdoor adaptive area specifically designed with the needs of people with vision loss in mind, and improves ABVI's ability to meet the needs of the people it serves throughout the year – on sunny, rainy, and snowy days.

The biggest challenge and biggest opportunity facing ABVI, Schleyer says, is meeting the needs of the youngest individuals ABVI serves.

Youth who are blind or visually

impaired lack a variety of social, interpersonal, and everyday living skills due to their inability to visually observe others. Additionally, this inability to observe can impact a youth's ability to appropriately develop gross motor skills.

"The potential exists for children with visual impairments to have the same level of motor skills and fitness as their sighted peers," said Schleyer. "Unfortunately, the lack of professional preparation has created barriers to successful inclusion. Various delays that children who are blind or visually impaired often experience are predominantly a result of discouraging attitudes and the lack

*continued on pg. 12*

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## OPINION - Stop Hospital Crawl

by Kelly C. Regan & Mike Thompson

Hospital sprawl occurs when large institutions expand in ways that are inappropriate to their neighborhoods. It's the opposite of smart growth. And it's what Highland Hospital is pursuing when it says it wants to buy residential property to grow its footprint in the Highland Park Neighborhood.

To retain the residential nature of the neighborhood that we live in, that the hospital benefits from, and that thousands of visitors enjoy every year, the hospital needs to stay within its current footprint. If it can't do that, it needs to build on a site that doesn't include the neighborhood's residential property.

Let's be clear. Highland Hospital is a great facility—ranked No. 3 in Rochester and No. 23 in New York State by US News and World Report. To continue to be the great and caring healthcare provider that it is, the hospital needs to modernize occasionally. Sometimes that requires expansion, and according to the hospital this is one of those times.

The Highland Park Neighborhood is great, too—diverse, rich in history, scaled for walkability, full of engaged citizens and locally-owned businesses and host to a range of city- and county-wide happenings in the park and surrounding environs. It's one of a handful of particularly desirable neighborhoods in the city. To retain its greatness, we need to be disciplined and smart about the way we grow.

We also recognize that part of the appeal of urban neighborhoods is that residents and businesses and institutions and parks are situated close to one another, sharing limited space. To retain a suitable balance and scale, the needs of one cannot outweigh the needs of the others.

### The Hospital's Expansion Plan

The issue is the Hospital's Expansion Plan—still a work in progress, according to hospital officials. We know from reading their annual report that they are spending \$1 million this year toward "site analysis and planning studies as the first steps in our Master Facility Plan."

Recently, in early May, they revealed to City Newspaper, the Democrat and Chronicle and a few neighborhood representatives that the hospital plans a two-story, 30,000 square foot expansion in what is currently a parking lot between the back of the hospital and Bellevue Drive, with a target completion date of 2018. The structure will upgrade and expand many patient care resources and reportedly will not change activity levels on the hospital campus.

However, the precise form the new structure will take is still in development.

What is NOT still in development is the hospital's plan to acquire neighborhood property. The hospital closed on the residence at 27 Bellevue Drive Jan. 15. It put an offer in last year on the bed and breakfast at 428 Mount Vernon Avenue, at the opposite end of Bellevue Drive. And it has released public statements that it is interested in continuing to buy neighborhood residences to meet office space needs—yet still retain the neighborhood's residential character. (In case you missed it, that's an oxymoron. Office space cannot be residential.)

These acquisition efforts began well before the hospital let the public or the neighbors know about their expansion plan. Too, these efforts are apparently being undertaken well before the new long-term master facility plan is in place.

That sounds ominous to us.

Further, explanations of the hospital's plans for these properties have been curious. As of this writing, hospital officials have coalesced around saying the space is for offices. The initial explanations offered to neighbors after the 27 Bellevue Drive purchase were less definitive. They didn't know what they were going to do with it—possibly rent it out, use it for storage or leave it vacant.

Even more curious: these explanations line up very well with a common hospital expansion strategy of acquiring neighboring properties over time, leading to neighborhood destabilization and, eventually, accumulation of enough property to accommodate expansion. A how-to guide for orchestrating this type of slippery-slope hospital expansion is detailed in Parking Professional Magazine article, here (<http://bit.ly/1s7dK7j>).

### Precedents of Hospital Sprawl

We've seen similar patterns with other Rochester hospitals. Strong Hospital, like Highland, owned by the University of Rochester, has contributed to a loss of the owner-occupied, residential character of the Upper Mount Hope Neighborhood for decades.

Genesee Hospital purchased property in the Monroe Avenue neighborhood and demolished houses to build a parking garage that it abandoned a few years later when the hospital closed. At the time, officials said it closed because Rochester had too much hospital capacity. Today that closing is a reason why the city needs more hospital space.

Further, the University of Rochester, Highland Hospital's parent institution, shows little evidence of complementing

## The South Wedge Planning Committee, Inc.

### June/July 2014 Calendar

Meetings are held at 224 Mt. Hope Ave.

The community is invited to attend all meetings.

### SWPC Board Meeting

[james.papapanu@gmail.com](mailto:james.papapanu@gmail.com)

Tues., 6/17, 7/15, 6 p.m.

### Community Engagement (Neighbors & Block Clubs)

[amaroselli@swpc.org](mailto:amaroselli@swpc.org)

Wed. 6/25 & 7/23, 6:30 p.m.

### Finance Team

[tsciarabba@hotmail.com](mailto:tsciarabba@hotmail.com)

Wed. 6/11 & 7/9, 12:30 p.m.

### Housing & Structures

[tomkiciorjr@gmail.com](mailto:tomkiciorjr@gmail.com)

Meets every other month

Wed., 6/4., 7/4, 5:30 p.m.

E-mail to confirm.

### SW Victory Garden

[felann@frontiernet.net](mailto:felann@frontiernet.net)

E-mail for dates and times.

## Join SWPC in Community Building

The South Wedge Planning Committee (SWPC) invites you to join with this dynamic nonprofit organization in making a difference in southeast Rochester. We have lots of ways you can help.

Founded in 1978, SWPC acts as a conduit for federal or state repair grants to help keep people in their aging homes. It aided the development of the very vibrant South Avenue business corridor and works in a myriad of ways to build community through its South Wedge Farmers Market, Victory Gardens and *The Wedge* Newspaper.

Your time, talent and passion as a board member or working on a committee can help us in continuing SWPC's work. If interested, please call at 256-1740 or e-mail [jpage@swpc.org](mailto:jpage@swpc.org).

its humanitarian mission with sensitivity to neighbors and urban landscapes, with growth plans that have diminished the residential character of McLean Street and Wilson Boulevard, as well as the Upper Mount Hope Neighborhood.

What it adds up to is this: Highland Hospital is asking us to believe that the result of a \$1 million master facility plan study is a recommendation that the hospital buy up three or six or eight or 10 100-year-old houses scattered around the neighborhood and retool them as offices. To put it politely, that's not credible.

### Make Your Voice Heard

The hospital will continue to roll out its expansion plan, and neighbors will respond to it as details become available. But we don't need to wait to object to the hospital's plan to acquire residential property in the neighborhood. Surely, their \$1 million master plan can outline suitable alternatives.

Keep in mind, however, that as the city's No. 1 employer, the University of Rochester has

a lot of clout. They will likely need strong encouragement to identify and pursue alternatives. A unified, purposeful voice from our neighborhood can play a role. Please make your voice heard. If you agree that we need to retain the residential character of the neighborhood, please sign the online petition at [www.defendurbanneighborhoods.org](http://www.defendurbanneighborhoods.org). And don't be shy about spreading the word.

Let's eliminate the possibility of hospital sprawl in our neighborhood and help Highland Hospital find a smarter path for its growth.

*Kerry Regan is a four-year resident of Bellevue Drive, a Highland Park Neighborhood Association (HPNA) member, and the media contact for the Defend Urban Neighborhoods campaign. Contact him at [kerry.regan@earthlink.net](mailto:kerry.regan@earthlink.net). Mike Thompson is a 32-year resident of Rockingham Street, a member of the joint HPNA-Highland Hospital Committee on hospital expansion, and a leader of the Defend Urban Neighborhoods campaign. He can be reached at [mthompson.hpna@gmail.com](mailto:mthompson.hpna@gmail.com).*

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### The Wedge Newspaper

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South Wedge Planning Committee  
224 Mt. Hope Avenue  
Rochester, New York 14620  
(585) 256-1740

The *Wedge* Newspaper, a not-for-profit newspaper, is published by the South Wedge Planning Committee, a community development organization. Its mission is to provide accurate coverage of community news as well as local, state and national news that affect the area.

The *Wedge* is printed bimonthly (February, April, June, August, October and December) with a circulation of 6500. The newspaper is distributed to area businesses, retail shops and other drop off points in the Greater Rochester area.

Articles in this paper do not necessarily reflect the view and/or opinions of the South Wedge Planning Committee.

Please send story suggestions or news to *Wedge* Newspaper Editor Nancy O'Donnell, 224 Mt. Hope Avenue, Rochester, New York 14620 or e-mail [nodonnell@swpc.org](mailto:nodonnell@swpc.org).

Advertising deadlines and rates are available online at [www.swpc.org](http://www.swpc.org) or call Nancy O'Donnell at 978-9638.

**Before recycling the *Wedge*, please share with a friend, neighbor or co-worker.**

**Our Mission Statement**  
*SWPC builds community in the South Wedge, encourages a full range of housing opportunities and promotes a diverse, historically significant, commercially sustainable urban village.*

## Ad Deadline for Next Issue

July 14

Call 256-1740, ext. 105 or 978-9638 for rates.



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Highland Park's Children's Pavilion (Photo courtesy of the Rochester Public Library Local History Division)

## 125 Years of Rochester's Parks

by Becca Webb

The Highland Park Conservancy celebrated the 125th Anniversary of the Rochester Parks System at their annual meeting on April 28 with a lecture entitled "125 Years of Rochester's Parks" by Katie Eggers Comeau,

Architectural Historian at Bero Architecture PLLC in Rochester. The meeting also updated members and the public about their work on returning the Children's Pavilion to Highland Park.

During the celebration, the

Conservancy announced that their special project, the rebuilding of the historic Children's Pavilion in Highland Park, was approved by the Monroe County Administration, and had received a significant gift of funds from a private donor.

The circular three-story pavilion was designed as a centerpiece for the park by Frederick Law Olmsted, and was demolished in the 1960s.

In her lecture, Comeau spoke about the history of Rochester's parks beginning in the late 19th century when Rochester was one of four cities in the country for which Frederick Law Olmsted designed a park system. Olmsted designed these first parks around our natural asset, the Genesee River. These included Genesee Valley Park, considered one of Olmsted's six great pastoral parks, Seneca Park East and West (the latter now called Maplewood Park) and Highland Park.

Comeau presented a slide show of historical images of our parks as they developed at different times in history and under different philosophies of public

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STOP HOSPITAL SPRAWL

[www.defendurbanneighborhoods.org](http://www.defendurbanneighborhoods.org)

We believe in the power of urban neighborhoods to promote community spirit, prosperity and diversity. We are gravely concerned by Highland Hospital's plans for expansion through the purchase of neighborhood homes. We support responsible growth. Check out our website for more information.

parks, from Olmsted's Pleasure Grounds through the Reform and Playground Movements and up to current adaptive reuse of industrial sites such as Turning Point Park and the El Camino trail, a rails-to-trails project.

The lecture "125 Years of Rochester's Parks" is published in the journal *Rochester History*. Copies of this edition can be obtained for \$4 at the Library Store at the Downtown Central Library at 115 South Avenue.



Brian Simmons (Photo by Nancy O'Donnell)

## SWPC Welcomes New Staff

by Nancy O'Donnell

Hitting the ground running as SWPC's new construction manager and spec manager are Brian Simmons and Aaron Coan.

Simmons grew up in the Beechwood neighborhood and attended East High School. In 1982, Simmons started working as an apprentice pressman at Great Lakes Press. When the job ended, he took a part-time delivery man job for the old Times-Union newspaper, moved inside as a janitor for the Democrat & Chronicle (5 p.m.-1 a.m.) until the newspaper recognized his mechanical skills.

"They needed more techs. There were oilers who worked on big Woodhole Presses. I started working on their boilers, refrigerators, anything behind the walls," said Simmons.

He stayed on with Democrat & Chronicle for 30 years before retiring in 2012. After he retired he worked for awhile as a driver

for Medical Motors. At home Simmons says renovations at his 1893 era home keeps him out of the way of his wife Carla, a medical coder at Westfall Surgery for awhile. "I'm putting on a new deck and installing a sprinkler and fire suppressor system."

When SWPC Executive Director John Page approached him to help SWPC on a part-time basis, Simmons agreed to help out with rehab contracts, overseeing projects, ensuring the safety of repairs and making sure the allocated money will be spent properly.

"It's always good to have a third party to walk in, a new eye who's familiar with the whole construction. Nothing new will pass over me."

In all tasks, Simmons makes sure he comes prepared.

One recent job took him into the basement of an old home to

check an installation of a furnace. "I always carry two flashlights because you know the batteries will die on one," said Simmons.

Aside from a job as golf course superintendent at Latta Lea Golf Club, Aaron Coan has spent his working life in construction either working for others or in his own business AC Construction. (He still loves to play golf.)

From the golf course he moved on to the Post Office where he worked as a ball deck coordinator, helping to roll huge containers over a floor of metal balls on their way to the airport. Next, he began his career in construction.

"I do it all—tile, roofing, custom cabinetry," said Coan who used his own expertise to help NEAD, writing specs for their construction projects.

"It's something different every day. Each day is a new challenge whether it's the customer or the contractor. You have to get everything coordinated to make [the project] flow well. So that at the end of the job, there are no issues," Coan said.

Working part-time for SWPC allows Coan to work on other projects and spend time with his wife Renee, seven-year-old son, Logan, and pets (two are Feist hunting dogs).

"I like the South Wedge; it's a quaint, quiet little neighborhood," said Coan. "I'm glad be a part of it."

Help SWPC in building a better South Wedge. Give us a call at 246-1740, ext. 102

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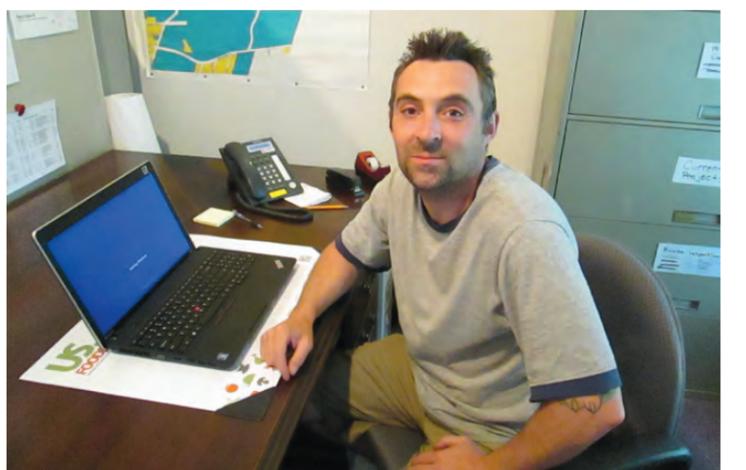
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Aaron Coan (Photo by Nancy O'Donnell)

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Orbs owners Sue and Bob Carando (Photo by Nancy O'Donnell)

## Orbs Brings "Big Balls" to the South Wedge

by Nancy O'Donnell

A new hot spot opens in the South Wedge with the arrival of Bob Carando's Orbs, a gourmet meatball restaurant on South Ave.

While Carando's menu caters to carnivores--meatballs made of beef, pork, chicken and turkey--vegetarians won't go hungry.

"We'll also have tofu veggie balls," said Carando. "My strategy is to use fresh, local, seasonal vegetables and to make the meatballs gluten free."

Vegetarians will also enjoy Orb's serious sides: Yukon Gold garlic smashed potatoes, polenta, macaroni salad, pasta, roasted beet salad, spicy mixed salad and Caesar Salad with or without chicken balls.

At the time of publication, Carando was still tweaking the menu, but he said orders will include four balls with a choice of sauces: marinara, spicy meat, Asiago cheese sauce and mushroom thyme along with one side dish. The balls can be rolled into a bowl or nestled in a ciabatta roll. One dessert will finish the meal. "I'm thinking Beignets," said Carando.

Orbs will also feature a chalk board of rotating specials from Santino Carla, his NYC-trained chef.

Rochester natives Carando and wife Sue owned a steak house in Atlanta in the late 1980s. When it folded, the couple returned to Rochester where he worked at Xerox for 30 years before being laid off on "June 12, 2012."

"The same day my 87-year-old mother broke her wrist," said Carando. The next few months were taken up with caring for his mother and father.

"I was watching the Food Network, and I started thinking about starting a small restaurant." Once he decided on "upscale meatballs," he began to look for a location.

"My first pick was the South Wedge, but I was looking at the other side of Gregory St. I almost went to Park Ave Avenue," Carando said.

He came back to the Wedge, when he learned there was a space in the former Elks Club that still had its commercial kitchen.

While he's still not smitten with the building's architecture and facade, he's doing what he can to make it welcoming. A new awning will help, and outdoor seating is also in the works.

Inside, the walls are painted tan and sage green with a pop of coral. The focal point in the room is an 8-ft. high wall of colored stone that backs a huge cherry wood L-shape bar with a black quartz top. "The stones are man-made," said Carando. "The Amish in Ohio make them."

Orb's design allows the bar to seat 16. A long table with bar stools will span the wide front window, so diners can people watch South Avenue. Corner booths allow family seating.

Orbs will begin with dinner service only before extending hours to lunch. Brunch is also on Carando's radar.

"I'd like to see how to match our balls with eggs. I hold us to high expectations. We make great balls!"

The Orbs owner is also working on adding a full bar, but he'll stock only beers that the "neighborhood likes to drink."

"I'm not competing with the Tap & Mallet," said Carando. "I'll have about eight to ten beers on tap."

Carando is sure his menu will appeal. "Everyone loves comfort food. The balls, the sides are comfort food. I want my menu to make you happy. I want my customers to go home and fall asleep on their couches because they ate so much," Carando added.

Orbs is handicapped accessible by ramp on the right side of the building (ring the bell).

758 South Avenue. 471-8569



Orbs awning transforms the front of the South Avenue building (Photo by Nancy O'Donnell)

## STAR TRACKS

by Kimberly Wright

### June/July Horoscopes

**Aries:** With your Mars ruler's extended run in Libra this year, it's felt like you "can't get no satisfaction" But those smoldering flames have served to feed your ambitions. Any opposition to your desires will be greatly alleviated after 7/28.

Business/relationship partners will require a second look after 7/22. There may be some surprising revelations to come. June's Friday the 13th's Full Moon is especially thrilling for you--a good time for entertainment!

Rewarding: June 20 & 21; July 17 & 18. Challenging: June 7 & 8; July 4, 5, & 6.

**Taurus:** Your ruler Venus, the Goddess of Love, in your sign this June brings an opportunity for new and renewed love. Why not splurge, dear Taurus, on something beautiful for yourself? You work hard and you haven't had an easy time of it recently. Toiling in the kitchen and garden comes easily to you but this is NOT to take the place of your love life. It's summer. It's time for you to bloom.

Rewarding: June 22 & 23; July 19, 20 & 21. Challenging: June 9 & 10; July 7 & 8.

**Gemini:** You Star-crossed Twins (yes, there are at least two of you in there) welcome your Birthday month with a Bang. Mercury, your ruler, goes Retrograde June 6th-30th. The good news - you're being gifted many gadgets and mobile devices. The bad news - none of them will work until July. Practice patience on Friday the 13th's Full Moon, you'll need it! Venus enters your sign on 6/23 ushering in a plethora of attention. Your dance card is full up in July.

Rewarding: June 24, 25 & 26; July 22 & 23. Challenging: June 11, 12, 13; July 9 & 10.

**Cancer:** Enjoy your Birthday,



Moon Child-Rejoice when the Sun enters your sign on 6/21, the Summer Solstice! June brings news from the past. Time to clear out the closets, say I'm sorry and let go of old resentments. Set your intentions for the future with a healing New Moon wish on 6/27. July is much lighter and brighter (except for a rather weepy Capricorn Full Moon on the 12th). Venus enters your sign on the 18th bringing you added style and grace.

Rewarding: June 1, 27 & 28; July 24, & 25. Challenging: June 14 & 15; July 11 & 12.

**Leo:** Summertime is when Leos love to soak up the hot Sun, your God-given ruler! But you won't have much time to laze around in June or July because you're busier than ever. June's Friday the 13th Full Moon is an auspicious time for entertaining. Jupiter enters your sign on July 16th heralding in what could be a very prosperous year. Uranus reveals a surprising turn of events after the 21st and by the time the Sun enters Leo on the 22nd, you need to get away for some special R&R so you won't burn up your candles at both ends. Happy Birthday Leo - Enjoy!

Rewarding: June 2, 3, 29 & 30; July 1, 26, 27 & 28. Challenging: June 16 & 17; July 13 & 14.

**Virgo:** Mercury, the God of Communication, your ruler, goes Retrograde and turns your world upside down, from the 6th till the 30th of June. Prepare for travel snafus of all sorts and mobile devices to fail. But there is much to be happy about this summer with opportunity and charisma showering you at every turn. Hang in there! July is much smoother. Neptune revisits your past in the sign of Pisces. A forgotten wish is now coming to you. Dreams really do come true!

Rewarding: June 4, 5, & 6; July 2, 3, 29, 30 & 31. Challenging: June 18 & 19; July 15 & 16.

**Libra:** Mars, the God of Passion & War, has been dancing in your sign since December 2013 making things very hot under the collar. Count to ten before you do or say something you'll regret and know your patience will be rewarded after 7/28 when the pressure valve is off. It's time to find out what makes you happy instead of worrying about everybody else. You can start by unplugging from social media for awhile. Do you think you could last an hour??

Rewarding: June 7 & 8; July 4, 5, & 6. Challenging: June 20 & 21; July 17 & 18.

**Scorpio:** Saturn, the God of Karma & Responsibility, has been traversing your sign for about 19 months now like a two ton weight on your back, showing you where you need to get your house in order. If you've heeded the call, you'll feel the load begin to lessen after July

continued on pg. 8



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Surface Salon's stress free beauty zone (Photos by Lizzy Huberlie)



Lee Gray



Art holds a special place at Surface Salon

## Surface Salon Creates Beauty Collective on South Avenue

by Lizzy Huberlie

Small potted plants grace the welcome desk, side tables, and walls at Surface Salon on South Avenue. The salon is full of life, from the playful greenery to the lively music that pumps through its speakers. Six years after opening its doors, Surface has become a vibrant mainstay of the South Wedge Business district. However, it hasn't always been an easy road for owner and stylist, Lee Gray.

A Rochester native, Gray graduated from Shear Ego International School of Beauty, and went on to work in several salons throughout the downtown area. At a salon on Park Avenue, she met fellow stylist Sue Markarewicz, and the two quickly became friends. But Gray soon had bigger ideas for her own salon.

"I wanted the atmosphere to be comfortable, creative, and artistic," Gray said. And, as Markarewicz put it, "when Lee has a vision, she goes for it." She opened Surface in fall of 2008. She designed the space herself, "with a little help from friends," she disclosed. Gray seemed to have accomplished her dream.

Three years ago, it looked as though Surface Salon would have to leave the South Wedge. An April 2011 fire in an apartment building on South Avenue caused significant damage to the salons original location, forcing Gray to

close her doors. Gray reached out to her customers on Facebook: "Unfortunately there was a fire in the apartment above the salon today, and we suffered some pretty serious water damage. Everyone is ok thankfully, but we will be closed for repairs for an unknown amount of time." Fortunately, that unknown period of time didn't last too long. In September of 2011, Gray was able to move her business just across the street to 658 South Avenue. "We are so glad we got to stay," Surface stylist, Sue Markarewicz, said. "This community has just been lovely. We love this neighborhood."

Surface has thrived in its new location. "Our neighbors have become like our family. All the businesses support one another, and we are all thriving because of the support of the neighborhood," Gray said. In turn, Gray strives to support other local businesses and artists. For many years, Surface served as a gallery space for the 1975 Gallery, a mobile gallery of local artists. Although the 1975 Gallery has now moved to its permanent location on Charlotte Street, Gray continues to use local art in the space. "We want to support local artists. We are passionate about that," she said. In addition to visual art, Gray also promotes other local products. The salon sells jewelry from Interstellar Love Craft, a project of one of the resident stylists, Carrie. Even the

hair care products at Surface have an artsy flair. "We support them and their creativity," Gray said.

Gray's philosophy on hair care is to "keep it simple", making sure not to use "too much product or too many chemicals." As a result, Surface sells natural and environmentally friendly products from Davines hair care & Skincare. The products are hand wrapped in beautiful wrapping paper, and use ingredients such as olive oil and argon oil instead of chemicals. Surface uses these products throughout the salon, and offers a full range of services including hair design, coloring, re-texturizing and waxing. Salon hours are Tuesday - Thursday from 12:00 p.m. - 8:00 p.m., Friday from 11:00 a.m. - 7:00 p.m., and Saturday from 10:00 a.m.-4:00 p.m. Check them out online at [surfaceonsouth.com](http://surfaceonsouth.com).  
658 South Ave, 360.4446



## Ride Free on RocTransit Day

by John Lam

Public transit is a wonderful resource. It's all around us, yet many have never or seldom ever used it. Some malign it as transportation for those who have no other choice. Instead, ROC Transit Day offers drivers an opportunity to ditch their cars and try transit free. Reconnect Rochester has partnered with our Transportation Authority to provide 1000 bus passes for those who have seldom or never tried transit.

ROC Transit Day is much more. It's a celebration. Sponsors have prizes to give away. Reconnect Rochester conducts a treasure hunt by bus, has arranged for buskers along Main Street again, and hosts another party. New this year, South downtown Central Library.

To encourage business along South Ave, about eight years ago the Business Association petitioned the City to remove parking meters. This worked, maybe a bit too well, and South Ave sometimes lacks enough parking. Each potential visitor turned away is a lost customer.



Encouraging visitors to try other modes, such as walking, cycling, or transit, gives visitors more certainty and control over their experience. This also relieves congestion, demand for acres of parking, and other ills that fill urban planning literature.

To participate, fill the form at <http://ROctransitday.com/farecard> and Reconnect Rochester will send you a bus pass.



Buskers Abound on Roc Transit Day (Photo by Rick Irwin)

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# Children's Corner--Summer Water Safety

by Alexie Cruz Puran, MD



Dr. Alexie Puran,

As we embark on another summer, many of us will be seeking relief from the warm weather with outdoor activities involving water, such as indoor/outdoor pools, open water swimming and boating. The combination of water and children can potentially be a dangerous mixture. With added attention, summer activities involving water can be both safe and fun.

According to the Centers for Disease Control and Prevention, in 2006, there were 3,579 fatal unintentional drownings in the United States. More than one in four fatal drowning victims are children 14 and younger. For every child who dies from drowning, another five received emergency department care for nonfatal "submersion" injuries.

In 2006, males were 3.4 times more likely than females to die from unintentional drownings in the United States. Also in 2006, of all children 1 to 4 years old who died from an unintentional injury, almost 30% died from drowning. Although drowning rates have slowly declined, fatal drowning remains the second-leading cause of unintentional injury-related death for children ages 1 to 14

years.

The first peak in drownings occurs among children less than 5 years of age who are inadequately supervised in swimming pools or bathtubs. The second age peak is seen among males 15 and 25 years old, and these episodes tend to occur at rivers, lakes and beaches.

Drowning ranks behind only motor-vehicle accidents as the leading cause of death among youngsters in middle childhood. Most often these tragedies occur when children swim without adequate adult supervision. In most cases, these children (and their parents) have overestimated their swimming ability and their knowledge of water-survival skills.

Drowning typically begins with a period of panic, loss of the normal breathing pattern, breath-holding,

and a struggle by the victim to stay above the water. Reflex inspiratory efforts eventually occur, leading to hypoxemia or decreased concentration of oxygen in the blood. Hypoxemia in turn affects every organ system resulting in death related to hypoxia to the brain.

Most victims of nonfatal drowning do well, but severe long-term neurologic deficits are seen with extended submersion times, prolonged resuscitation efforts and lack of early bystander-initiated cardiopulmonary resuscitation (CPR).

Nonfatal drownings can cause brain damage that may result in long-term disabilities including memory problems, learning disabilities, and permanent loss of basic functioning (e.g. permanent vegetative state).

Below are some strategies to use this summer to prevent drowning tragedies:

### Pool Safety

Install a fence at least four-feet high around all four sides of the pool. The fence should not have openings or protrusions that a young child could use to get over, under, or through. Most young children who drown in pools wander out of the house and fall into the pool.

Make sure pool gates open out from the pool, and self-close and self-latch at a height children can't reach. After the children are done swimming, secure the pool so they cannot get back into it.

Never leave children alone in or near pool or spa, even for a moment.

Keep rescue equipment near the pool. If possible, have a phone in the pool area.

Avoid entrapment: suction from pool and spa drains can trap an adult underwater. Do not use a pool or spa if there broken or missing drain covers.

Large inflatable above-ground pools have become increasingly popular for backyard use. Children may fall in if they lean against the soft side of an inflatable pool. Empty blow-up pools after each use.

Don't keep tricycles or other riding toys at pool side. No running on the pool deck or pushing others underwater. Remove all toys from the pool after use so children are not tempted to reach for them.

Children should learn to swim from an experienced and qualified instructor. The American Academy of Pediatrics supports swimming lessons for most children 4 years and older.

If the pool has a cover, remove it

completely before swimming. Also, never allow children to walk on the pool cover, as they can fall through and become trapped underneath.

### Open Water Safety

Do not swim alone. Even good swimmers need buddies. Do not swim at beaches where there are large waves, a powerful undertow, or no lifeguards.

A lifeguard (or another adult who knows about water rescue) needs to be watching children whenever they are in or near the water. Younger children should be closely supervised while in or near the water- use "touch supervision," keeping no more than an arm's length away. For older children, an adult should be paying constant attention and free from distractions, like talking on the phone, socializing or drinking alcohol. The supervising adult should know how to swim.

Make sure that a child knows never to dive into water except when permitted by an adult who knows the depth of the water and who has checked for underwater objects.

*continued on pg. 12*

## City Rec-Centers Summer Food Sites & Schedules.

Breakfast is served at 8:30-9:30 a.m., Lunch at 12:00-1:00 p.m. For more information call 428-7872.

Site Name	Address	Start Date	End Date
Adams Street	85 Adams St.	June 30	Aug. 15
Avenue D	200 Avenue D.	June 3	Aug. 15
Campbell St.	524 Campbell St.	June 30	Aug. 15
Carter St.	500 Carter St.	June 30	Aug. 15
David F. Gantt	700 North St.	June 30	Aug. 15
Edgerton	41 Backus St.	June 30	Aug. 15
Field Street	194 Field St.	June 30	Aug. 15
Flint Street	271 Flint St.	June 30	Aug. 15
Roxie Sinkler	75 Grover St.	June 30	Aug. 15
Genesee Valley Park Field House	1316 Genesee St.	July 7	Aug. 22
Humboldt	1045 Atlantic Ave.	June 30	Aug. 15

Site Name	Address	Start Date	End Date
LaGrange	455 LaGrange Ave.	June 30	Aug. 15
Lake Riley Lodge	100 Norris Dr.	July 7	Aug. 22
Marketview Lodge	136 First St.	June 30	Aug. 15
John Marshall HS	180 Ridgeway Ave.	June 30	Aug. 15
Pierpont at School #7	31 Bryan St.	June 30	Aug. 15
Thomas P. Ryan	530 Webster Ave.	June 30	Aug. 15
School # 17	158 Orchard Street	June 30	Aug. 15
School #42	3330 Lake Avenue	June 30	Aug. 15
South Avenue Community Center	999 South Ave.	June 30	Aug. 15
St. Monica's Recreation Center	841 Genesee St.	June 30	Aug. 15

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For more information, please stop by or call:

Rochester Childfirst Network (RCN), 941 South Ave., Rochester, NY 14620 (585) 473-2858  
RCN Center City, 250 East Main Street, Suite 110, Rochester, NY 14604 (585) 397-7660

www.RCN4kids.org



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# South Wedge's Revisits Wall Therapy



Artist Case brings rock, paper, scissors alive on Ron Maier's building at South and Gregory Street. To the right on the wall of another Maier property is work by artist St. Monci (Photo by Nancy O'Donnell)

by Nancy O'Donnell

The Wedge Newspaper praised and publicized all of the amazing Wall Therapy murals that sprang up around the South Wedge last year. Somehow it missed a hard-to-miss mural that seems to wave hello to passersby on Gregory Street on their way to South Avenue.

The huge mural, painted on the side of South Wedge promoter Ron Maier's buildings (home of Abode

Home Design) was painted by Case aka Andreas Von Chrzanowski.

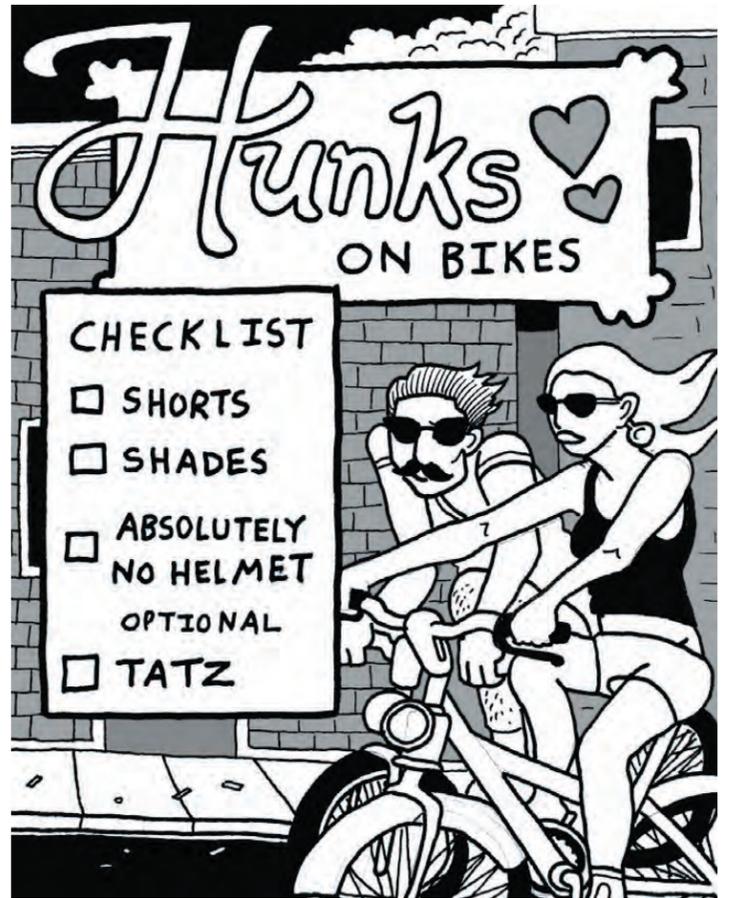
Erich Lehman, owner/curator of 1975 Gallery and coordinator of last year's Wall Therapy helped with the details.

"Case painted the mural last August during a two-week visit with us (he also painted the Martin Luther King, Jr. Tribute mural on Park Ave.)ring that time. Many of

his murals last year focused on the overlapping hands motif in both of the murals. The hands in the South Wedge mural are making variations of Rock/Paper/Scissors, and Case himself is the model for this piece."

If there are other huge art installations or other South Wedge news we might have missed, let us know on our Facebook page or give us a call.

# The North Wedge by Justin Hubbell



See more comics at [justinhubbell.com](http://justinhubbell.com)



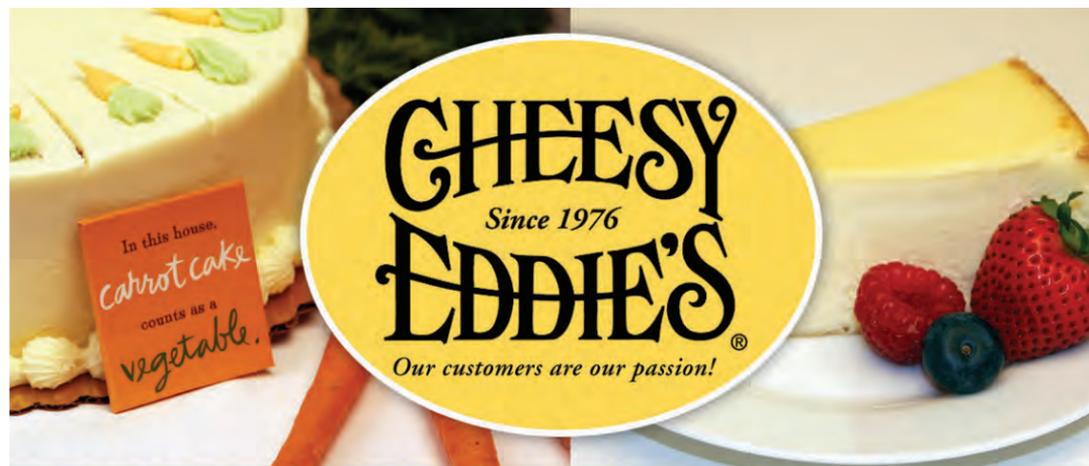
Deadline: June 8, 2014 at Midnight.  
Artwork submitted later than this date may not be accepted.

## Highland Park Neighborhood Art Show

Anyone who lives or works in the area surrounding and including the Highland Park Neighborhood or who is a supporting member of the Highland Park Neighborhood Association may submit. New this year! Children under 15 will have their own dedicated section of this show. Submit up to two children's entries. Due to space limitations, we may accept only one per child. All framed or hangable media are welcome - Paintings, Photography, Collage, Prints, Drawings, Textiles! We have limited space, however, for sculpture and similar 3D artwork but will try. To learn more go to [highlandparkrochester.org/artshow](http://highlandparkrochester.org/artshow).



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## Highland Park Hosts Roc Hope for Pets Annual Fundraiser



Benny gets a second life on wheels. (Photo courtesy of Bill Zogby)

by Beth Zogby

Rochester Hope for Pets 6th Annual Dog Walk & Pet Education Expo takes place on Saturday, June 14, 2014, at the Lilac Arches in Highland Park.

Day-of registration opens at 9:00 a.m., and the one-mile walk begins at 10:00 a.m. The cost is \$15 per walker, with free admission for children 12 and under. Participants can register in advance online as well as fund raise on behalf of Rochester Hope for Pets. You can download all the forms at: [rochesterhopeforpets.org/activities.php](http://rochesterhopeforpets.org/activities.php).

This year's event features kid-friendly activities including a bounce house and visits from

Sabi, a Monroe County Sheriff Department's K9 cop, and McGruff the Crime Dog. Veterinary professionals will be on hand to answer questions, and Mark Forrest Patrick of Tuxedo's K9 Training Camp will conduct dog training demonstrations.

Rochester Hope for Pets was founded in late 2008. Its mission is to improve the quality of life for companion animals in the greater Rochester area. We do this through providing financial assistance toward veterinary care costs to pet owners during times of need. We also partner with other local non-profits to improve the welfare of homeless and feral animals. In

addition, the foundation supports continuing education opportunities for veterinary health professionals in our region.

In our short history, we have given over 800 awards to pet owners and rescue groups for use toward veterinary care at more than 50 different hospitals in the greater Rochester area. Our Friends of Ferals program treats 300+ cats each year at its monthly spay/neuter/vaccine clinics.

Pets who have received assistance from the foundation will attend the Dog Walk on June 14, including Benny. In May 2012, Benny suffered a spinal cord injury that left his hind legs paralyzed. Therapy helped him regain feeling in his feet, and he was able to wag his tail, too. Benny's family purchased him a cart so he could play in the backyard. In April 2013, tragedy struck Benny again. He started to bring up a lot of water and foamy mucus. This went on for days, and then his breathing became labored and he seemed uncomfortable and lethargic. The veterinarians believed Benny had developed a condition called megaesophagus, but they needed more tests to be sure. X-rays confirmed he had aspiration pneumonia from the fluids he brought up, and he did indeed have megaesophagus. With an award from Rochester Hope for Pets, Benny's family was able to afford the treatments he needed to recover.

The 6th annual fund raiser's committee thanks especially our two lead event sponsors: PetSaver Healthy Pet Superstore and Bayer Animal Health. There will also be other sponsors with tables featuring pet-related services and community organizations.

For more information, please contact Rochester Hope for Pets at 585-271-2733, ext. 89 or [rochesterhopeforpets@gmail.com](mailto:rochesterhopeforpets@gmail.com).

## Star Tracks

*continued from pg. 4*

19th. Whatever new foundation you build under Saturn becomes your strength and freedom. Scorpio is truly the resilient one.

Rewarding: June 9 & 10; July 7, & 8. Challenging: June 22 & 23; July 19, 20 & 21.

**Sagittarius:** June's Friday the 13th's Full Moon will pull you out of the introspective mood you've been under as of late and draw you back onto the dance floor (or organizing for the next worthy cause) where your friends can usually find you. When Jupiter leaves Cancer and enters Leo on July 16th you'll feel a significant shift as your planetary ruler kicks it up a notch and sets the tone for the year ahead. Social, creative, scene stealin'. Just your speed. Bring it on!

Rewarding: June 11, 12 & 13; July 9 & 10. Challenging: June 24, 25 & 26; July 22 & 23.

**Capricorn:** The good news: did you know that Capricorns actually get younger as they get older and actually learn how to have fun? Truth. And why not? You only came in with the weight of the world on your shoulders so you missed your childhood altogether! Use the Cancer New Moon on June 27th to ask for something delightful that has nothing to do with work, career or responsibility and allow the Cancer Full Moon on July 12 to remove anything that holds you from it.

Rewarding: June 14 & 15; July 11 & 12. Challenging: June 1, 27 & 28; July 24 & 25.

**Aquarius:** Don't be surprised if your intricate world of mobile devices, online communication and social media is continually on the fritz when Mercury goes Retrograde June 6th to June 30th. Don't Panic! Remember: 1) This is

only temporary. 2) You can process stuff faster than anyone so your recovery time will be nil. 3) If all else fails, use your own external radar. It always works. July is super busy, especially after the Sun enters Leo on the 22nd. You'll be a busy bee.

Rewarding: June 16 & 17; July 13 & 14. Challenging: June 2, 3, 29 & 30; July 26, 27 & 28.

**Pisces:** You have a LOT going on, dear Pisces, in the hectic month of June. The Mercury Retrograde from June 6th to the 30th will slow you up a bit on the communications front but you will dive through the waves, like you always do, without getting pulled under. You will be pushed and pulled by other's demands, though, so it is absolutely necessary to say no, even if you have to be brutal about it (which you never really are). Your ruler, Neptune, turns Retrograde as well on June 9th which opens the door for some long-term, life changes. Meditate on the June 27th New Moon for revelations. Wonderful things are in store for you!

Rewarding: June 18 & 19; July 15 & 16. Challenging: June 4, 5, & 6; July 2, 3, 29, 30 & 31.

**Kimberly Wright is a Spiritual Astrologer with over 25 years of experience guiding clients to their highest good in life and love.**

To schedule a private reading, call 585-773-9861 or e-mail [loveyourspirit@yahoo.com](mailto:loveyourspirit@yahoo.com).

## HPNA St. Mural Refresh on June 8

The Highland Park Neighborhood's 350-foot painting around Ellwanger & Barry Park is going to be refreshed with new paint on June 8. Rain Date is June 22. Work will begin around 9 a.m. and will continue until the late afternoon. Refreshments will be available at our Hospitality Tent on the day of the event.

For updates, visit HPNA's website.

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by Nathaniel Mich

This, dear reader, is the best Saturday:

You wake up early – the warmer it is, the earlier you get up, so that you make sure you get a seat. In the winter, you don't have to get out of bed until 8:45, but in June? If you're not on the road by 7:30, it's already feeling tight. Hoist yourself out of bed, splash some water on your face, and grab the latest issue of National Geographic as you head out the door. Turn north and prepare yourself for some pastries – it's time for a Public Market Saturday.

As you pass under the arch at Union or Railroad (or maybe you've got a favorite gap in the fence off a side street), just pause for a moment and soak in the fact that these bricks have seen people gathering around food for 109 years. If you didn't get up quite as early as you'd hoped, take the long line you'll encounter at Flour City Bread as a chance to ogle lemon curd and butter crusts from a blessedly shrinking distance. While you wait, strike up a conversation with your line-mate about what they're going to put on those crostini they're holding. Finally, it's your turn: while other, more unusual and more seasonal confections may beckon, the basics never disappoint: one egg

Danish with bacon and one almond croissant, please.

Pick-up ticket in hand, pass through the wide doorway – wave at Keith, the baker, in his cap – and claim a seat and a cappuccino at Java's while you wait. Maybe you stand up every couple minutes to see if your Danish is ready, or maybe the NatGeo has pictures of bog mummies and you don't mind the wait so much. The regulars have all claimed their seats: the parents-of-3-to-5-year-olds club in the booths by the bar, the hipster dads milling around under the mounted eland head, the silver haired woman



An early morning trio of delight from Flour City Bakery at Rochester Public Market (Photo by Nathaniel Mich)

in the sunlight with a crossword. "One-thirty-six!" a voice yells from the back, and you thread your way through chairs and canvas bags to lay hands on your prize.

The Danish gleams. Butter suffuses the pastry, the bacon glistens and egg yolk quivers. Work your way around the edge, enjoy the contrast of shattering crust and tender egg; prepare the perfect final bite in the middle. Here it is, top to bottom: yolk, bacon, First Light jack cheese, caramelized onions, pastry. Do it in one bite, so you don't miss a single drop of liquid gold. Texture, flavor and

temperature unfurl and combine. Close your eyes and chew.

Breathe, sip your cappuccino, start the next article. As the barista shoves another bunch of kale into the juicer, turn your attention to the croissant. Here is a lighter, quieter pleasure – lending itself to small bites, slow reading and casual conversation. Steam and yeast have lifted it into a whorl of flakes, the crust ephemeral and the center tender. The almond paste, house-made and added after the baking, melts into the croissant so smoothly it seems to have been born there. The croissant is the perfect mate for the cappuccino, but resist the urge to dip it – it doesn't do either of them any justice.

Even as you linger over the last few bites, the end comes too quickly. Glance at the vintage photo at the end of the National Geographic, exchange a "Happy Marketing!" with your neighbor and stand up. Outside, piles of greens, peck baskets and quart jars – the press and flow of the market. Sigh, smile and close the door behind you. Next week, maybe you'll try another breakfast, but today, this week, this was good.



## Protesters Mourn Death of Education

by Nancy O'Donnell

A serious issue was given a humorous twist when some 50 teachers, parents and students joined in "mourning" City Schools embrace of "excessive testing," the Common Core and the overall squelching of creativity and play in a rush for data.

The Day of Mourning: Students, Parents and Educators Against Death by Testing, was organized by Tucker Ruderman, a third grade teacher at School #12 teacher and

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## Highland Library News

**Special Event Book Sale:** Monday, June 2 and Tuesday, June 3 & Book Sale: Monday, July 7 and Tuesday, July 8

Check out our book sale for a great selection of fiction, young adult and children's books. Books are 25 cents, magazines 10 cents, jewel cases ten cents and DVDs and CDs are \$1.00.

South Wedge Botanical Soap, Monday July 21 at 6 p.m. South Wedge Botanical Soap will be giving a presentation on the history of soap, its ingredients, methods of production and regulations. Samples from South Wedge Soap will be made available. Registration required. To register please call (585) 428-8206 or stop in at our Information Desk.

### Children's Programs

Craft Mondays on Mondays, June 2, 16, and 23, July 7, 14, and

21 at 2:30 p.m.

Book Rubbings, Monday, June 9 at 2:30 p.m. Learn about printmaking and create your own work of art!

Movie Tuesdays on Tuesdays, June 3, 10, 17, and 24 at 2:30 p.m., July 1, 8, 15, 22, and 29 at 3 p.m.

Story Time Thursdays June 5, 12, 19, and 26, and July 3, 10, 17, and 24 at 11 a.m. Stories, rhymes, songs and more. Recommended for children 2 to 5 years old.

Rochester Museum & Science Center Chemistry Fun! on Thursday, June 19 at 3 to 3:45 p.m.

Explore the amazing world of polymer chemistry in this totally hands-on program. Student scientists perform experiments to make different kinds of polymers (like slime, nylon, and Styrofoam™), and extract DNA from a banana!

Light and Color on Thursday, July 10 at 2 to 2:45 p.m.

Experiment with color mixing. Bend a laser beam with water! Discover the secret behind glow sticks and fireworks. Why do we see colors? Why do cats see better at night than we do? How are rainbows formed? Discover these and other answers in this fun, interactive show. Limit of 30 children, please call 428-8206 to register.

LEGO Fridays June 6, 13, 20, and 27 at 2:30 p.m. Let your imagination run wild! Build something creative at the library.

Summer Reading Program Sign-Ups on Monday, June 23 through Monday, June 30 and Tuesday, July 1 through Saturday, July 5. Get a head start on your summer reading! When you sign up, you'll get a reading log to track

your minutes and a surprise. Talk to Miss Sarah, Miss Erin or Miss Williams for more details!

Seneca Park Zoo and Wegmans ZooMobile Amazing Adaptations!

Thursday, July 17 at 2 to 2:45 p.m. No matter what kind of animal you are, life can be pretty tough in the wild! Big or small, predator or prey, all animals have special adaptations to help themselves and their species survive. In this program learn about what animals need to do to survive in the wild and how their adaptations help them along the way! Limit of 30 children, please call 428-8206 to register.

No-Bake Cookies with Miss Pam

Thursday, July 24 at 2 p.m.

It's way too hot to bake, but we still want cookies! Find out how to make a healthy treat and skip the



heat. Limit of 30 children, please call 428-8206 to register.

It's Magic, Of Course! with Ted Burzynski, Monday, July 28 at 2 to 3 p.m.

Be amazed by a spectacular mix of magic and comedy with magician Ted Burzynski! Limit of 30 children, please call 428-8206 to register.

### Programs for Adults

Learn English with ESOL Classes: Wednesday June 4, 11, 18 and 25 at 1 p.m.

Stop in and learn English at Highland Branch Library. Classes

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# Clean Sweep Revisited

Volunteers of all ages from all over Rochester joined with South Wedge residents and friends for the City of Rochester sponsored Clean Sweep in May.

Some spruced up the grounds of the South Wedge Planning Committee (SWPC) on Mt. Hope Avenue while enjoying the Gaia's Wall Therapy mural.

Others worked on getting the vegetable beds ready for the new growing season at SWPC's Victory Gardens on Hamilton and Cypress Streets.

Photos by Wendy Gilmore



Gaia's Wall Therapy mural on the side of the South Wedge Planning Committee (SWPC) office was a beautiful backdrop for the volunteer who weeded, mulched and planted the garden.



The Victory Gardens on Hamilton (above) and Comfort Street (below)



A great big green thing enjoyed watching volunteers work



Felton Culbreth, South Wedge Victory Garden Manager, coordinated prepping the gardens on Hamilton and Comfort Streets



Thanks to all the great volunteers for helping to make the South Wedge a great place to live, work & play. We couldn't do it without you!



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**Natural Play Environment**

*continued from pg. 1*

of opportunities to participate in activities.”

The Outdoor Mobility Training Area will consist of equipment that allows for play. It will primarily serve as a space for clinical training to teach an array of physical and social skills that include: running, jumping, skipping, or climbing and developing balance and the ability to move through space freely; improving outdoor auditory and travel skills and orientation and mobility training in all weather conditions. It will also help children understand spatial concepts such

as object-to-object relationships, parallel and perpendicular, the angle of the sun, and landmarks and cues; enhance perceptual skills such as interpreting environmental sounds and paying attention to cues or landmarks and learning interpersonal skills such as appropriate public behavior and soliciting or refusing assistance. In a family space, parents can show their children how to play. It also offers a space to train physical education instructors.

“Giving an infant, child or teen who is blind or visually impaired

the ability to grow and experience life similar to their sighted peers takes talented staff and both indoor and outdoor environments in which to learn,” said Schleyer.

Funding for this project came from caring philanthropic individuals throughout the community. The outdoor area is scheduled to open in July.

**Quote of the month**

A [school] should be a place of light, of liberty, and of learning.  
--Benjamin Disraeli 1804-1881

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**Library News**

*continued from pg. 9*

are every Wednesday and last 1.5 hours. Registration is not required.

Coffee Connections: Monday, June 9 at 6 p.m.

Interested in coffee? Stop in and learn about the local business Coffee Connections. Learn about how the business got started along with information on coffee. Samples of coffee will be provided. Registration is required. To register, please call (585) 428-8206 or stop in at our Information Desk.

Adult Book Group: Wednesday, June 18 at 7:00 p.m.

Join us in discussion of The Signature of All Things by Elizabeth Gilbert. Registration is required, to register, please stop in at our Information Desk or call (585) 428-8206. Copies are available for check out.

Adult Summer Reading July 7 – August 15.

Sign up at Highland Branch Library starting on June 23rd to win great prizes. Prizes include gift cards, bags and print and hold cards.

Adult Book Group: Wednesday, July 16 at 7:00 p.m.

Join us in discussion of Peaches for Father Francis by Joanne Harris. Registration is required, to register, please stop in at our Information Desk or call (585) 428-8206. Copies are available for check out.

**Water Safety**

*continued from pg. 6*

Never let a child swim in canals or any fast moving water.

Ocean swimming should only be allowed when a lifeguard is on duty.

Boating Safety  
Children should wear life jackets at all times when on boats or near bodies of water.

The life jacket should be the right size for your child. The jacket should not be loose. It should be worn as instructed with all straps belted in.

Blow-up water toys, rafts, or air mattresses should not be used as life jackets or life preservers. These toys may deflate suddenly or your child may slip off them into water that is too deep.

Adults should wear life jackets for their own protection and to also set a good example.

Adolescents and adults should be aware of the dangers of boating when under influence of alcohol, drugs and even some prescription medication.

If you encounter a near-drowning victim, the need to assess for cardiopulmonary resuscitation (CPR) should be done as soon as possible. The presence of cervical spinal cord injury should always be suspected and the neck should be supported in a neutral position. Wet clothing should be removed and rewarming should be initiated in hypothermic patients.

Water is one of the ominous hazards your child will encounter. Everyone needs to be mindful of the potential for serious injuries and drownings. Remember, most near drowning episodes are preventable.

**The Day of Mourning: Students, Parents and Educators Against Death by Testing**



Photos by Nancy O'Donnell



Tucker Ruderman leads the funeral procession as Rev. Matthew Nickoloff (in cassock) leads the mourners and horsey.



Rochester's Raging Grannies sang songs of satiric protest for mourners in front of the RCS Central Office