

# The WEDGE®

April/May 2019 Vol. 41 No. 2

The Official Newspaper of the South Wedge Since 1982

## Inside

- Swillburg in the Spring - 3
- Tu Amor Cakery - 4
- Victory Garden Tips - 4
- Annual Clothing Drive - 5
- Angels Among Us - 6
- CSA Concerts - 7
- Golisano Autism Ctr - 8
- What's in the Garage - 9
- Planetary Messengers - 9
- City Love - 12

**It should be safe to leave the house.... no sign of snow, only sun and the heavenly scent of lilacs in the air. The Lilac Festival music lineup bringing a Stray Cat and blues singer Michael Lee from TV's The Voice. Full concert schedule on-line at rochester-events.com**



The South Wedge and surrounding streets becomes the sweetest in the city when lilacs are in bloom (Photo by Maya Reagan)

## Get Funky at City Love 2019

Joan Brandenburg

There is no doubt that the South Wedge can be described as fun and funky with its eclectic mix of restaurants, shops and businesses. South and Clinton Avenues bring together a diverse community that embraces individuality.

City Love 2019 is an opportunity to celebrate all that makes the South Wedge a unique destination place for some and a place to call home for others. Get your tickets now for the event of the season at RocCityLove.com, and mark your calendar for Friday, May 3, 6:30 p.m.-9 p.m. at the The Historic German House, 315 Gregory Street.

The theme for the 2019 celebration is "Funky Town" with music

performed by *Uptown Groove*. Any guest wearing their most funky fashion will be entered for awards and recognitions, including the crowning of the King or Queen of Funk.

City Love is also an opportunity to recognize the person or persons most dedicated to the development and preservation of the South Wedge Community. The 2nd Annual Dave Halter Community Award will be awarded this year to community activist Lisa Reagan. Halter was a well know advocate in the South Wedge.

"We are excited that this year's event will be the first opportunity for residents and guests to see the completed renovations at the German House. Owner Ron Maier is making a substantial investment in a face lift for the facility," said South Wedge Planning Committee Executive Director Glynis Valenti. "We are grateful to Ron and his team for recognizing the value of an important community asset like The Historic German house and thrilled to be part of the renovation unveiling."

Local restaurants and vendors will offer up samples. Come taste

some of the best beer and whisky made right here in our own Funky Town. Shawn-O-Photo photo booth will be back; auction and raffle items are pouring in and the decorating committee is primed to go. VeRacity VRcade is bringing virtual reality fun for free. Chad Krohn will give everyone the chance to test drive immersive virtual reality interactive games like going deep sea diving to skiing to climbing Mount Everest. VeRacity VRcade, located at 300 Park Point Drive, Suite 108 near the RIT campus, is a great place for family fun.

All proceeds support neighborhood housing initiatives, rehabilitation, preservation, community victory gardens, The South Wedge Farmers Market and The Wedge newspaper.

Tickets are on sale now: \$25.00 in advance- \$30.00 at the door or on line at RocCityLove.com or swpc.org. Students get a special discount rate; \$15 per ticket. Purchase tickets in person at 224 Mount Hope Avenue at the SWPC main office. For sponsorship information, contact GValenti@swpc.org or call (585) 256-1740 ext. 2.



### South Wedge Farmers Market 2019

The 2019 South Wedge Farmers Market opens on Thursday, June 20 at 4 p.m. with a return of all of your favorite vendors. Join the food less traveled and support local farmers by purchasing the fresh bounty of the season. Heritage tomatoes, root crops, sweet fruit picked and packed the same day as the market! Karaoke at the Market kicks the season off with Brett Lighthouse. Last season, many of our vendors took the chance to exercise their vocal chops along with shoppers, too. Some

*continued on pg. 3*



SWPC's next CHDO house is a cozy bungalow at 171 Averill Ave.

### New Home Rochester Properties Project

The South Wedge Planning Committee is preparing for construction on a new CHDO

*continued on pg. 7*



City Love 2018



**The Wedge Gets Read!**

# SOUTH WEDGE PLANNING COMMITTEE

## SWPC Board Notepad

**Emery Rizzo**



Emery Rizzo

As we enter the Spring season of 2019 here in the South Wedge neighborhood, many people in the community and throughout the city are gearing up for events, activities or achievements of their own. I believe for myself and many others there are a few characteristics that relate to the overall theme of Spring that include hope, progress and new opportunity.

I can't help but think of the many ways that brought us here to help make us who we are today. We all have a story, place and a time from which we grow together and make progress not only for ourselves but also by serving those around us including our friends, family and community.

For myself, living in the South Wedge neighborhood today, our journey as a family began on Hamilton street when I was born in the late 1980's. Shortly after, a house fire decimated the entire interior and part of the exterior of our home, but we were lucky to make it out into the dark night only to watch our home burning brightly from the other side of the street. With my mother hanging on to me and father nearby, I can only imagine the thoughts that

were going through their heads. How difficult, painful or even ironic it was that we watched the place burn that we were supposed to start our lives in

Amidst the devastation in what seemed to be a tragedy for the family, we had many things to be grateful for. Mrs. Ross across the street took us in that night and welcomed us as if we were a family of her own. Her welcome and hospitality discounted any idea that our temporarily interracial family would be somewhat out of the ordinary as Mrs. Ross was black and we were white. None of that seemed to matter as we were happy to have

*continued on pg. 6*

Mr. Inside/Mr. Outside  
Felton Culbreth  
585.244.9365 or 585.287.2416  
Garden Design and Maintenance,  
Apartment Cleaning  
And much more!

### The WEDGE Newspaper

Editor, Writer, Layout  
email: [thewedge@swpc.org](mailto:thewedge@swpc.org)  
585.257.7640, ext. 4

ADNet Printing,  
Messenger Post Media

#### Writers

Joan Brandenburg  
Amy Cavalier  
Felton Culbreth  
David Day  
Mike Henry  
Michele H. Martell  
Nancy O'Donnell  
Glynis Valenti

#### Photographers

Nancy O'Donnell  
Maya Reagan  
Glynis Valenti

#### Copy editor

Anne Logan

#### CONTACT

E-mail staff, type first initial,  
last name@swpc.org  
South Wedge Planning Committee  
224 Mt. Hope Ave., Rochester, NY 14620  
585.256.1740

The WEDGE Newspaper, a not-for-profit newspaper, is published by the South Wedge Planning Committee, a community development organization. Its mission is to provide accurate coverage of community news. Printed bimonthly (February, April, June, August, October and December), The WEDGE has a circulation of 5300. It is distributed to area businesses, retail shops and other drop-off points in the Southeast and Greater Rochester area.

**Before recycling the Wedge, please share with others.**

### SWPC Mission Statement

*SWPC builds community in the South Wedge, encourages a full range of housing opportunities and promotes a diverse, historically significant, commercially sustainable urban village.*

### SWPC Board Members

Frank Logan, chair  
Anthony Sciarabba, treasurer  
John Frank  
Teresa Hemann  
Emery Rizzo

### Honorary Board Members

Mitchell Dannenberg, John Dennis,  
Joe DiDonato, Cheryl Stevens

### Staff

Glynis Valenti, executive director  
Joan Brandenburg,  
special project coordinator  
Nancy O'Donnell, editor

### Consultants

Norm Karsten,  
SBDC SUNY Geneseo

Please send story suggestions or news to Wedge Newspaper Editor Nancy O'Donnell, 224 Mt. Hope Avenue, Rochester, New York 14620 email [nodonnell@swpc.org](mailto:nodonnell@swpc.org).

Advertising deadlines and rates are available online at [www.swpc.org](http://www.swpc.org) or call 585.256.1740, ext. 4 or 585.978.9638.

**Articles in this paper do not reflect the view and/or opinions of the South Wedge Planning Committee.**

Buy a Wedge Card and get discounts when you shop local businesses. A list appears here every month of participating businesses. You'll also get the WEDGE newspaper mailed to your home. To sign up: complete the card below, visit the SWPC office at 224 Mt. Hope Avenue or the South Wedge Farmers Market (in season) or contact Glynis Valenti, [gvalenti@swpc.com](mailto:gvalenti@swpc.com), 256-1740, ext. 2.



Are you a business owner interested in participating in the Wedge Card discount program? Let us know!

<p><b>Cheesy Eddies, 5% off</b> 602 South Avenue</p> <p><b>Equal=Grounds, 10% off</b> 750 South Avenue</p> <p><b>Hedonist Artisan Chocolates &amp; Ice Cream</b> 10% off 674 South Avenue</p> <p><b>Leaf Tea Bar, 10% off</b> 686 South Avenue</p> <p><b>Liberty Tax, 10%</b> 686 South Avenue</p> <p><b>Little Button Craft, 10% off</b> 658 South Avenue</p> <p><b>Mark's Texas Hots</b> Open 24 hrs! 10% reg menu item 487 Monroe Avenue</p>	<p><b>Natural Pet Foods, 5% off</b> 10% off new customers 766 S. Clinton Avenue</p> <p><b>Peppapot, \$2 off 2nd entree</b> 133 Gregory Street</p> <p><b>South Wedge Farmers Market</b> Genesee Gateway Park Free bag on your first visit</p> <p><b>Stuart's Spices, 10% off</b> \$10 or more 754 S. Clinton Avenue,</p> <p><b>Swiftwater Brewing Company</b> \$1 off flight of beer 378 Mt. Hope Avenue</p>
---	---

### Get the Wedge!

For 36 years, *The Wedge Newspaper* has chronicled the lives and times of the vibrant South Wedge neighborhood and beyond. Please consider subscribing. You'll get the newspaper delivered to your home & a Wedge card, too. Fill out the form and send a check or money order to the address below.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

\_\_\_\_\_ \$25 Wedge Supporter

**Please mail form along with your payment to: 224 Mount Hope Avenue, Rochester, NY 14620.**

## Join SWPC in Community Building

The South Wedge Planning Committee (SWPC) invites you to join us in making a difference in southeast Rochester. Join our board of directors or serve on a committee. Founded in 1978, SWPC acts as a conduit for federal or state repair grants that help keep people in their aging homes. SWPC works in a myriad of ways to build community through the annual South Wedge Farmers Market (June-October), South Wedge Victory Gardens on Hamilton and Cypress Streets and The WEDGE Newspaper that publishes six issues each year. Your time, talent and passion can help us in continuing SWPC's work. If interested, please call 256-1740 or e-mail [gvalenti@swpc.org](mailto:gvalenti@swpc.org) or board chair Frank Logan at [flogan@rochester.rr.com](mailto:flogan@rochester.rr.com).

### South Wedge Planning Committee

Meetings are held at 224 Mount Hope Avenue,  
The community is invited to attend all meetings.

**SWPC Board Tues. 4/16, 5/21, 6 p.m.**  
contact: [flogan@rochester.rr.com](mailto:flogan@rochester.rr.com)

<p><b>Community Engagement (Neighbors &amp; Block Clubs)</b> <a href="mailto:gvalenti@swpc.org">gvalenti@swpc.org</a> Wed 4/24 &amp; 5/22, 5:30 p.m.</p>	<p><b>Housing &amp; Structures Meets bimonthly</b> Wed. TBA, 5:30 p.m. <a href="mailto:gvalenti@swpc.org">gvalenti@swpc.org</a></p>
--	---

**SW Victory Gardens**  
4/22, 5/20 6 p.m.  
[felann@frontiernet.net](mailto:felann@frontiernet.net)

# Swillburg in the Spring

Mike Henry

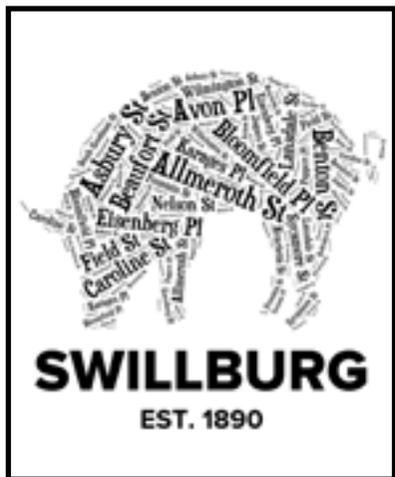
Happy Spring! With temperatures moderating and the ground finally drying, we can soon work to spruce up our part of Rochester for a fun warm season!

The Swillburg Neighborhood Steering Committee plans to participate in the City's annual Clean Sweep on Saturday, May 11. Neighbor Sara Guadoso is graciously coordinating us.

As usual, we'll focus on the Bloom Garden in the mall where Field Street meets Monroe Avenue. The city will provide tools and materials (rakes, shovels, gloves, leaf bags, etc.). Everyone is invited to join us! We'll also be tidying along our wonderful art panels on Pembroke Street. No doubt this event will be further announced on Nextdoor social media and on the WEDGE Newspaper Facebook page.

On May 9, Swillburg neighbors will participate in the United Way Day of Caring. This is another opportunity to collectively prepare our community for summer. As we have for the past four years, we'll receive kind volunteer assistance from librarians at the University of Rochester River Campus. They'll help us to prepare garden plots at School 35 and tidy the Charette Garden at Fountain Street and South Clinton Avenue. This event too will no doubt be announced on the WEDGE Facebook page and Nextdoor, and we're grateful to neighbor JoAnn O'Neill for coordinating this event.

Our annual Swillburg Summer Picnic is being planned, as well. The date has been set for Saturday, June 29. I'll provide more information in our June/July WEDGE column and no doubt you'll read more about this on Nextdoor. I can share that we hope to have a couple hours



of live music. Fingers crossed.

Now, the other cool thing I'm glad to report is an exciting new assortment of Swillburg Swag. Largely thanks to neighbors Josh Jacobs and Stephanie Jakas, several new items will soon be available for purchase at [www.swillburg.com/shop](http://www.swillburg.com/shop). At this site you'll be able to purchase Swillburg logo pint glasses, cool tee-shirts, neighborhood postcards, posters and stickers. I consider the new Swag a great leap ahead in further promoting a positive image of our humble little burg. All these projects happen because of neighbors like you who enjoy socializing and working for the betterment of their community.

If you have any interest in joining in with us, please watch for announcements on Nextdoor. Don't forget Swillburg neighbors hold monthly dinner outings as well as lunches. We meet not only to convene and visit but also to support neighborhood restaurants. These too are announced on Nextdoor.

Hope you all have a Happy and Beautiful Spring!

**Time For Wine & Spirits**  
*The only liquor store in the South Wedge!*  
*"Wine in itself is an excellent thing."*  
 --Pope Pius XII



661 South Ave, Suite D, Rochester, NY 14620  
 TEL | 413-3826 EMAIL | [timeforwinespirits@gmail.com](mailto:timeforwinespirits@gmail.com)

## South Wedge Farmers Market *continued from pg. 1*



singers were very talented, others recognized their turns at the mic as confirmation not to quit their day job.

Eating Healthy with Phil was a weekly draw last year, and we expect the same again in 2019. Her delicious take home meals of both vegan and crock-pot turkey goulash are just a few the delectable options. Philomena will continue to amaze with her culinary delights.

Our efforts to establish the Market as a Thursday destination place for shoppers and families continues. Free TruYoga riverside yoga classes will be back. Hip-Hop Cardio with Marcus returns and some exciting new vendors are already lined up. Komal Khanna will offer Henna Tattoo Services. Enjoy a free tasting from Fifth Frame Brewing Company and meet JD from Smoke Shack Jerky. For anyone wishing to attend to their

Rochester winter dry skin, check out Livin' the Oily Life Essential Oils.

Expect something new for everyone each week at the South Wedge Farmers Market 2019. Operated as part of the community outreach efforts of the South Wedge Planning Committee, the Market is held at the Genesee Gateway Park next to Spectrum. Parking is available on Mt. Hope Avenue, onsite on the lawn next to the Market or on adjoining side streets.

New vendors are always welcome, artists, crafters, growers and those who want "let it go and spark joy in others" can set up a table to sell gently used goods for a nominal fee. Use the market to promote your community organization. For applications and information, email: [info@swpc.org](mailto:info@swpc.org) or call 256-1740.

## NeighborGood Grant Local Awards

Glynis Valenti

Rochester Area Community Foundation recently awarded NeighborGood Grants to three South Wedge neighborhood groups.

The Hickory N.U.T.S Hickory Street Block Club received a grant to continue their successful welcome basket program for new neighbors and to host an annual block party/picnic that promotes community on their street.

The Hamilton Tenants Association also received funding for hosting monthly family nights and periodic children's activities for building residents. Their goal is to increase

participation, education, and input for building issues, promote inclusive multi-cultural activities and to give children a safe place to have fun.

South Wedge Planning Committee was awarded funding for Wedge Workshops, a series of "how-to" sessions for entrepreneurs, adult caregivers, and home do-it-yourselfers. SWPC is excited about the opportunities these will provide and the support the community has shown for the upcoming season. A schedule is in progress and will be posted online.

In addition, Neighbors Building Neighborhoods Sector 6 (NBN6) also received NeighborGood funding to continue their work on informing and educating area neighborhoods on pertinent issues and policies that affect Rochester's southeast.

Rochester Area Community Foundation partners with generous philanthropists and community partners to improve the quality of life for people who live and work in the eight-county region through its leadership and strategic grantmaking

*Starting a business? Need help with business performance?*  
**Explore the free resource available to you!**  
 THE SMALL BUSINESS DEVELOPMENT CENTER IN YOUR AREA HAS BUSINESS ADVISORS READY TO ASSIST YOU!

Services include:  
 Business Plan Development, Marketing, Free Workshops, and MORE!

Visit us at:  
 South Wedge Planning Committee Office  
 228 Mt. Hope Ave. Rochester, NY 14604

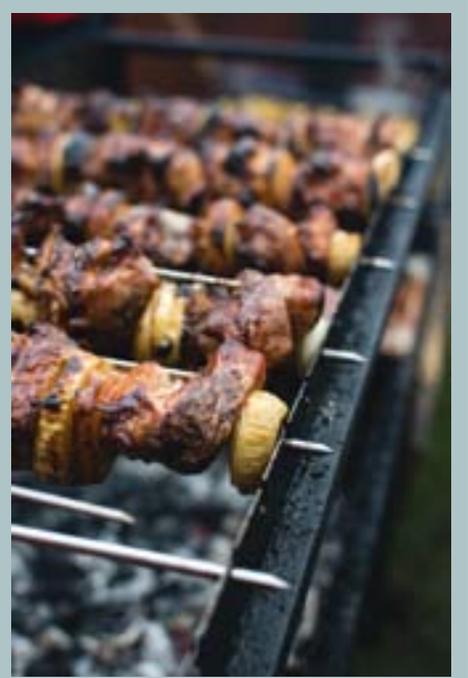
For an appointment:  
 Call 363-3429  
 or email [Nancy.Karvas@larson@genesee.edu](mailto:Nancy.Karvas@larson@genesee.edu)

while leading, inspiring and supporting positive, enduring community change.



**Stuart's Spices**

754 S Clinton Ave,  
 Rochester, NY 14620  
 585-436-9329  
[StuartsSpices.com](http://StuartsSpices.com)



# Business Buzz

Nancy O'Donnell

## Tu Amor Cakery

Elizabeth "Lizzy" Rodriguez's initial idea for opening Tu Amor Cakery may have been about pastry, but it's turned out to be much, much more.

Tu Amor shows its ethos in the front window. A sign for "Suspended Coffee" invites shoppers to buy a cup of coffee for a patron in need. To receive a free cup of coffee, a patron can just ask if one is available: "They will be given on a first-come, first-serve basis without regard to race,



Lizzy's Grinch cake

religion or gender, etc." Then there's the story where Rodriguez noticed an elderly woman wandering around in front her South Avenue bake shop.

"I brought her inside, and saw she had dementia," said Rodriguez, who helped the woman get back home.

Rodriguez said she learned how to cook at her father's side.

"I started baking at eight years. My dad came from Humacao, a small city in Puerto Rico, and he became an entrepreneur in the city. He owned a small business on North Clinton Avenue," said Rodriguez. Over the

years, she continued to grow in her baking skills. She's was the first place winner in Roc Awards Cares Bake Wars 2018, and an assortment of other medals advertise her baking prowess hang behind the counter.

"I wasn't look for a business. I was working in health care, and I wasn't ready. I was looking for a food truck to sell cupcakes and coffee."

She did some research about the cost of a storefront and a truck, heard about the South Avenue storefront opening, and Tu Amor Cakery was created.

"I charmed [the realtor], and he charmed me. The storefront fell out of heaven," Rodriguez said.

It also helped that her husband Roberto, a manager at Hudson Avenue Wal-Mart, was backing her 100 percent. "My husband invested in the whole project," said Rodriguez.

While Lizzy is front and center, Tu Amor Cakery is a family business. Behind the scenes are the couple's blended family of six children. Two aprons behind the front counter are lettered with the names of their daughters, Nadiyah and Oliviyah, while a photo of her mother sits on the pastry cabinet.

Now the sweet aroma of pastries mixed with the robust scent of Café Bustelo coffee fills Tu Amor.

Shelves are lined with Quesitos, pastries filled with sweetened cream cheese in a variety of flavors: mango, pineapple, guava and strawberry. Other shelves hold savory pockets



Lizzy and Roberto Rodriguez

of pastry filled with cheese and meats and vegetables. Keto dieters can find almond flour brownies filled with cheesecake or cupcakes with buttercream frosting. For everyone else, there's tres leche cakes or cannoli cupcakes or any manner of wedding or birthday cakes in any shape or size. Above the door, the Grinch and the Wicked Witch from the Wizard of Oz advertise her creative ability. Add to that a scrumptious rice pudding studded with raisins.

Along with attracting customers with pastries, Rodriguez looked for ways to bring the community in for fun. On Saturdays, Tu Amor hosts "Board Game Saturday" from 1-5 p.m. brought to her by a local business, "Sip and Roll." Owners Alex and Melissa Caraballo stock a trunk full of 30+ board games, and they keep kids entertained while parents can enjoy cupcakes and coffee.

More events and pastries are in the works. For Cinco De Mayo 2019, the cakery will be selling Limerita or Pina Colada cupcakes, baked with a touch of Bacardi Rum Rodriguez said.

1441 South Avenue, 585.355.5731, tuamorcakery@gmail.com. Hours: Tuesday-Thursday, 11 a.m. - 5:30 a.m., Sat. 11 a.m. - 5 p.m.

## City Program Aids for Local Business

Learn about the many low-interest loan and grant opportunities available for the purchase of equipment, materials, supplies and more, or to purchase, build or renovate property. Whatever your business needs, The City of Rochester is certain to have a program to fill it. Visit the website at, <https://www.cityofrochester.gov/businessresources/>.

## Veterans Outreach Center Wellness Program



Rochester ChiroTherapy recently announced a partnership with the Veterans Outreach Center on South Avenue.

VOC has been serving veterans of Rochester since 1919. Rochester ChiroTherapy will offer chiropractic treatment for any member with neck pain, back pain, headaches, or other muscular discomfort as part of the wellness center. The new wellness center will also provide acupuncture, massage therapy, and art counselors.

"If you know of a veteran in need do not hesitate to contact VOC at their website [www.veteransoutreachcenter.org/](http://www.veteransoutreachcenter.org/)."



Among the green is a gardener

## Victory Garden Gardening Tips

Felton Culbreth

After a long, cold winter, gardeners are fired up to be outside and ready to wake the garden up for a new growing season. It can be overwhelming figuring out how to start with so much to do. Here's a few tips that may help.

- Begin by planning ahead and get organized. Start with a few items, one to three, determined by your individual needs and likes.

- Get info online. There are tons of resources available. Check out our Facebook Page "South Wedge Victory Garden for links.

- Start seed vegetables and annuals indoors six to eight weeks before you plan to set them out. Make a planting schedule so that seedlings are mature at the optimal time.

- Once the soil temp gets to

40 degrees Fahrenheit, crops like greens, peas and radishes can be sown. Wait until soil gets to 50 degrees Fahrenheit to plant onions and swiss chard. Summer vegetables can be sown in late spring.

To learn more, join us for our South Wedge Victory Garden meetings on April 22 and May 20, 6-7 p.m. at SWPC office, 224 Mt. Hope Avenue (entrance in rear on Hamilton Street). We'll be accepting applications for garden plots until April 8. Mark your calendars for the 4th Annual Urban Ag Conference on Sat. May 4th. 10 a.m. to 4 p.m., at #58 School. Registration \$10. Register at [Rocurbangarden.org](http://Rocurbangarden.org) or [facebook.com/RocUAWG](https://facebook.com/RocUAWG)

## 4th Annual Celebration of Rochester Neighbors



Great neighborhood volunteers in previous years.

NeighborWorks® Rochester is organizing its 4th Annual Celebration of Rochester Neighbors, to be held June 3. The free event will take place at the City of Rochester Public Market to celebrate the great people who make our neighborhoods strong. Volunteers who are making a difference in each of the city's four quadrants at neighborhood level, as well as one leader in the overall Rochester community will be recognized.

Celebration of Rochester Neighbors is much like a block party for the entire city. The event will also kick off NeighborWorks® Week in Rochester and will feature live music, food, and children's activities. Admission to the event is free. The event will recognize four Community Champions - individuals from each of the four quadrants of the city for their

contributions to their community. The Community Leadership Award recognizes volunteer leaders who work to improve the entire community of Rochester. Support for the event comes from The City of Rochester Public Market, The City of Rochester, Lyons National Bank, the Greater Rochester Realtors Association, Heveron & Company, Five Star Bank and SiteHub.

NeighborWorks® Rochester, a non-profit organization, builds strong neighborhoods by educating and counseling new homeowners, providing loan services and energy-savings programs to homeowners. Local businesses interested in sponsorship or tabling at the event can contact Kelly Hallenbeck, Regional Resource Development Manager at 327-4170, or [khallenbeck@nwrochester.org](mailto:khallenbeck@nwrochester.org).

## Annual Kids Clothing Drive Kicks off in May

Andrea Borrelli

Throughout the month of May, we will be holding the 4th Annual Highland Park and South Wedge Donation Drive.

This year's drive will be focused on the most precious members of our community--our kids! We are collecting clothing, gear, toys, you name it, for kids of all ages- newborn to teen. We are collaborating with two amazing organizations this year: MINO (Mother in Need of Others), and the Rochester Free Store

Kid specific items we are looking to collect:

- Baby, toddler & kid clothes, coats and shoes (Please bag newborn - 5T clothing separately from larger sizes. And please have bags labeled with the general size inside)
- Baby care items: diapers, wipes, formula, bottles, baby bath, etc.
- Baby gear: pack 'n plays, strollers, car seats, diaper bags, baby carriers, receiving blankets, towels, etc.
- Maternity clothes (all sizes) and nursing items (pads, privacy covers, Boppie Pillows)

**Additional items we are collecting:**

- Feminine & personal hygiene products: sanitary napkins, tampons, soap, shampoo, antiperspirant, etc.
  - Paper products: toilet paper, paper towels, tissues
  - Cleaning products: laundry detergent, dishwashing liquid, cleaning sponges
- Items we CAN NOT accept:**
- Any car seats missing straps or damaged in any way
  - Items that are stained, dirty or that have missing or broken pieces
  - Recalled or expired items (Car seats must be within 5 years of date of manufacture)
  - Cribs, toddler beds, or other furniture (due to transport issues and space limitations)

**MINO**

MINO (Mother in Need of Others) is a ministry under the non-profit of Project URGE, Inc. URGE's mission is to bring urban and suburban churches and organizations together to work on behalf of the poor in the city. Until recently, MINO was located in the South Wedge neighborhood on Mt. Hope Avenue. They recently moved and now have a loving home at 1 Favor Street, in the Youth for Christ building. (YFC is a Christ-centered Youth & Family organization).

MINO was created to assist social service agencies and church outreach programs by providing them with maternity and baby items, feminine and personal hygiene, and cleaning products that their clients need to care for themselves and their families. Items are provided Free of Charge to case managers for their clients.

"MINO has no clients of its own," explains Maria Wehrle, who runs the organization. "We exist solely to fill in the gaps when other agencies and social service organizations are running low on items to assist them in meeting the needs of the individuals they serve. Currently, we serve nearly 200 case managers and church outreach workers from approximately 70 agencies and churches. We like to refer to the client representatives we work with as our 'Angels in the Field.' We are so grateful for

them and the work that they do!"

MINO accepts donations directly Monday, Wednesday, & Friday 11 a.m. - 4 p.m. If you would like more information about MINO, or if you are a caseworker or pastor in need of assistance for your clients, call 348-8596 or email [mothersinneedofothers@gmail.com](mailto:mothersinneedofothers@gmail.com). Please check out their new website at <https://mino.projecturge.org> and share the link!

**Rochester Free Store**

The Rochester Free Store is a collaboration between the South Wedge Mission, located at the corner of Caroline and Mt. Vernon, and St. Joe's House of Hospitality on South. The Free Store accepts donations of gently used, quality clothing and household items. Then, as the name suggests, they are given away free of charge.

The Free Store is operated by Jasmin Reggler. Her goal is to provide quality items to people in need.

"The Rochester Free Store provides a place where you can give and take freely," said Jasmin. "We are open to the public and there are no requirements to receive donations. Come as you are!"

The Free Store is open for shoppers the third Saturdays of the month, 3:30-5:00 p.m. They accept donations on Wednesdays 10:30 a.m. - noon, then 4:30 p.m. - 6:00 p.m. The Free Store is always in need of quality kid and teen clothing, particularly for young men. For additional information about the Rochester Free Store, call Jasmin at 585-353-9882.

We are looking forward to a great drive this year and we thank you in advance for your support!

Please see our ad on page 11. Please clip it out and put it on your fridge as a reminder!

If you have any questions about this drive or donating, please email me at [amco815@gmail.com](mailto:amco815@gmail.com).

**Drop off Donations anytime, just place on porch 60 Mt. Vernon Ave May 1 - 31**

Gift Certificates Available

**ONLY \$50/hr**

renewing-massage.com

**MASSAGE**

NYS Licensed Healthcare

**Book Now!**

728 South Avenue  
585-709-6725

**kw** GREATER ROCHESTER  
KELLER WILLIAMS REALTY

When Experience Matters Hire The Petix Team.

- 50+ combined years and counting
- Serving Rochester and surrounding areas.
- South Wedge neighborhood resident/investors

Sebastian (Sib) Petix  
Associate R.E. Broker  
585-738-1945  
[SPetix@kw.com](mailto:SPetix@kw.com)  
[WWW.SibPetix.kw.com](http://WWW.SibPetix.kw.com)

Leonard C. Petix  
Associate R.E. Salesperson  
585-703-9421  
[LPetix@kw.com](mailto:LPetix@kw.com)  
[WWW.LenPetix.kw.com](http://WWW.LenPetix.kw.com)

Keller Williams Realty Greater Rochester 2000 Winton Rd S. Rochester, NY 14618

**TRU YOGA**

34 Class Options A Week!

Only \$70/Month or \$120 for a 10-Class Pass

\*Student/Senior Pricing and Other Pass Options Available\*

Learn more and sign up at [truyogarocheater.com](http://truyogarocheater.com).

**FOR RENT**

**1 & 2 Bedroom Apartments**  
**HIGHLAND MANOR APARTMENTS**

**905 South Avenue 271-0949**

**ALL UTILITIES INCLUDED**

- \* 1 and 2 bedroom units
- \* Right across from Highland Hospital and a quick commute to U of R and Strong Memorial Hospital

**IT'S YOUR HOME. WE JUST TAKE CARE OF IT FOR YOU.**

# Angels Among Us

Michele H. Martell

Do you believe in angels? Their presence in our lives, in a spiritual sense, spirits not seen by the human eye, felt from deep within? I do believe in angels, and their ability to guide us, if we are open to them.

How many times has it happened that we have missed being in an accident by a millisecond? Or when in a difficulty, experienced an outcome much less tragic than it logically might have been? Sometimes we do have a snap insight that maybe we really are being looked out for (and we may even joke that our Guardian Angel must be exhausted!).

I believe we are often protected from scenarios that we don't even know are a possibility. I like to think that guardian angels exist to protect us, and that we each have at least one of these guardians. And what people call coincidences are really synchronicities that are divine intervention and protection.

People come into our lives, seemingly at the right exact time that we need them. Whether it is to offer us support that we didn't even consider existed for us, to bring us joy, or to teach us life lessons. Sometimes these individuals are strangers, who seem to drop out of the sky. Perhaps these strangers are angels in disguise, appearing to us whether we are consciously or unconsciously asking for divine help. Which is just one more reason to be kind to strangers. Our true friends can also be our angels in our physical world – think about it – the

real friends without whom you may have never survived some of life's darkest times. Those are the ones who sincerely celebrate our most sparkling times. We can serve as angels to others as well.

I believe that deceased loved ones never actually leave our lives, and that they continue to watch over us and protect us as angels. This includes departed humans and animals alike. All of that love cannot just disappear into nothingness; after all, love surpasses all space and dimensions. Speaking of animals, they are such a pure, angelic form of love. I've considered every animal that I've ever lived with as an angel. Animals are there for us, offering their unconditional protection and companionship, as we offer them ours.

Have you ever heard music play shortly after you've just thought of it or while you were mindfully asking for an answer to something? Or perhaps insightful dreams that



have come to you following deep meditation? Or just that strong gut instinct that comes from deep in your core? Could that be angels sharing divine wisdom? Even a



Michele H. Martell

pleasant floral scent from where its origins are mysterious?

There's a saying that when feathers appear, angels are near, especially when they appear in unlikely places. And there is a whole list of meanings attributed to various feather colors. I've also read that finding coins in odd places are a sign that your passed-over loved ones and angels are looking after you. Certain birds such as cardinals tapping on your window, cloud formations, and repeated number patterns are said to be other possible angel experiences. Keep an open eye, nose, ear and mind for such signs.

Some folks have actually documented physical interactions with angels via their own eyes and senses, describing a most beautiful, powerful experience that changed their lives. Many of us will experience angels in a non-physical manner, if only we ask and believe in them as divine messengers and protectors, offering gratitude. Believe in Them – they believe in you.

## Board Notes

continued from 2

a place to stay and our bond with Mrs. Ross through this experience, would only grow stronger over time.

As months went by, we eventually rehabilitated and repaired our damaged home. As I was often near my mother throughout this process, I can remember her rummaging through bits and pieces of what we would use to improve our home at Historic House Parts at Hamilton Street and South Avenue. Looking back on this, I often wonder if this was a way for her to preserve the past while also building a future by rehabilitating our home with salvaged material.

It wasn't uncommon for me to go with my parents to what seemed to be unusual or atypical places for a young person to be. They believed that often the best way to gain experience is to see the world first hand, and that usually meant there was hardly a filter and only interpretation on my own in learning new life skills.

I can remember joining them for dinner out in the neighborhood. By that time, I was nowhere near the standard drinking age, but I was old enough to start thinking on my own while coming to my own vague conclusions about my surroundings. I can remember the inside of this restaurant being dimly lit with pictures of fire fighters and memorabilia adorning the walls within the building on the corner of South Avenue and Gregory Street. I can remember my parents recollecting on the house fire while introducing me to one of the firefighters we unexpectedly ran into years after he helped save us from our burning home on that cold dark night.

If anything, at this time I am grateful to have the experience I had in the South Wedge neighborhood where people come together and help one another to make it the great place it is today. Maybe it's people like Mrs. Ross that take families in from times of devastation or perhaps it's people like the fireman that helped save our home and family.

As a board member of the South Wedge Planning Committee, I am dedicated to help establish and maintain an organization that demonstrates the qualities that make the South Wedge the great neighborhood it is today. I look forward to promoting hope, excitement and progress that exists throughout the community.

Emery Rizzo lives in Rochester, NY in the South Wedge neighborhood. He is a board member of the South Wedge Planning Committee and his educational background includes a master's degree in Urban and Regional Planning from the University at Buffalo.

## Next-to-New Sale

### Blessed Sacrament

Monroe Avenue at Oxford Street

Thursday, May 2: 9:00 AM — 7:00 PM

Friday, May 3: 9:00 AM — 7:00 PM

Saturday, May 4: 9:00 AM — 12:00 Noon

**Bargains . . .** clothing – all sizes for men, women and children. Shoes, furniture, lamps, linens, books, music, movies, kitchen & dining items, electronics, small appliances, luggage & totes, holiday décor & cards, hardware, tools, vacuum cleaners, garden, toys & games, art & frames, office & craft supplies, vases & tins, sundries, photographic equipment. Jewelry & treasures at the Boutique . . . **and more.**

**Friday: 50% off clothing, shoes & books.**

**Saturday: 50% off all items except select boutique + Bag of Books for \$1.50!**

*Baked goods, beverages, hot dogs & chili available*  
**Please come & bring your friends!**

**Donations accepted:** Sat., April 13 through Thur., April 25

Weekdays: 10-7, Weekends: 10-4 **Closed Easter Sunday, April 21**

**Please:** No large appliances, sofas, encyclopedias or wedding dresses  
Flat screen TVs and monitors only; all items clean and functional



## South Wedge Sudoku *Solution, pg 11*

### STR8TS

### SUDOKU

Medium

Very Hard

	2							6
		7		3				
4					9			
				1				
3				7				
		8		3	5			
			2			3		
							4	
3	7			9				4

							2	
	5		7	1	3			
7		9	6					1
		8				7		9
	7						1	
4		3				2		
6					9	1		5
			1	3	2		6	
	9							

**How to beat Str8ts –**  
Like Sudoku, no single number 1 to 9 can repeat in any row or column. But... rows and columns are divided by black squares into **compartments**. Each compartment must form a **straight** - a set of numbers with **no gaps** but it can be in any order, eg [7,6,9,8]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

2	1	4	5
6	4	5	3
4	5	2	1
4	3	6	2
3	5	2	1
2	1	3	

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit [www.sudokuwiki.org](http://www.sudokuwiki.org) for Sudoku and [www.str8ts.com](http://www.str8ts.com) for Str8ts.

If you like Str8ts and other puzzles, check out our books, iPhone/iPad Apps and much more on our store.

**Buy an ad for the June/July issue. Call 585.256.1740, ext. 4 or 978.9638. Deadline May 15ish**





Sunken garden at Warner Castle

## Historic Calvary St. Andrews Calendar

### SUNDAY, May 19, 3 PM

Learn more about the history and ongoing rehabilitation of the gardens of this Highland Park estate  
Milli Piccone, owner of Perennial

Designs, speaks on the history of this estate & the work to restore its gardens.

### SATURDAY, MAY 11, 7 PM

Colin Pritchard and the Mount Hope Singers bring "Creating Harmony in Sound and Spirit." This community chorus uses music as a universal language to encourage peace and understanding across diverse cultures of the world.

Rev. Colin Pritchard is the pastor of the First Presbyterian Church in Victor (NY), and a musician who has recorded two albums with plans for a third coming soon.

In the place between praise music and traditional hymns there are some songs that celebrate the honest joys and struggles of the journey of faith. This is the place where the music of Colin Pritchard lands. Sometimes



playful, sometimes painful, the lyrics of his songs, and music of his guitar, ask questions, tell stories, and lift up hope.

### Events are held at the Historic Calvary St. Andrews at the ROC SALT Center

The historic building is found at the corner of 95 Averill Avenue and Ashland Street. Parking at Postler & Jaeckle lot at South/Averill or on street parking [www.rocsaltcenter.org](http://www.rocsaltcenter.org) Email: [focsa@gmail.com](mailto:focsa@gmail.com).

**DONATIONS ARE APPRECIATED  
EVERY DONATION HELPS  
PRESERVE THIS HISTORIC BUILDING**

## Home Rochester Properties *continued from pg. 1*

(Community Housing Development Organization) house, located at 171 Averill Avenue in the South Wedge. The bungalow style house, built in 1900, has two bedrooms, a full basement, off-street parking, a fenced backyard, and about 850 square feet of living space.

Renovations will take three to four months, and the house will be sold through the HOME Rochester program ([homerochester.org](http://homerochester.org).) First-time home buyers can apply to the program online to become pre-qualified for home purchases. HOME Rochester offers down payment and closing cost assistance to participants and exclusive access to city properties like this one. Program houses are upgraded and updated to City of Rochester code specifications and include energy efficient furnaces and water heaters, among other features on a case by case basis.

Properties are assigned to local agencies like SWPC for rehab by the Rochester Housing Development Fund Corporation of the Greater Rochester Housing Partnership. The program has helped stabilize many streets by improving eyesore houses, salvaging architectural

features in keeping with the surrounding neighborhood, and giving affordable purchase options to qualified buyers who remain in the homes long-term.

For more information on 171 Averill Avenue, contact Glynis at SWPC, (585)256-1740, extension 2. To find out more about the HOME Rochester program, visit [www.homerochester.org](http://www.homerochester.org).

## Assemblymember Harry B. Bronson

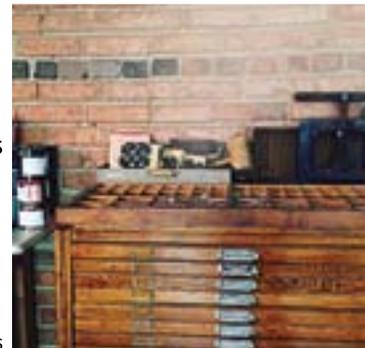
Serving the families of Rochester  
[bronsonh@assembly.state.ny.us](mailto:bronsonh@assembly.state.ny.us)  
585/244-5255



**Working with you to make ours the best community possible!**



Stationery  
Business Cards  
Custom Gifts  
Invitations



by appointment only:  
{585-355-9768  
[poseyletterpress@gmail.com](mailto:poseyletterpress@gmail.com)  
Facebook/Instagram: poseyletterpress

## Prom or Ball this Year?



Suits & Tuxedos  
Accessories to Match Any Dress Color  
Rent or Purchase

### Special Offer for Readers of The Wedge

Mention this Ad and Receive **Two Tickets to The Cinema Theater** on South Clinton with Any Tuxedo or Suit Rental!



Vittorio's in Irondequoit is Owned by  
Your Neighbors, Matt & Jen McDermott

1900 East Ridge Rd | 467-7711 | [rochesterprom.com](http://rochesterprom.com)

## Need Health Care but have No Insurance? St. Joseph's Neighborhood Center can help you.

We offer medical care, dental care, personal and family counseling, specialties and many other services for the uninsured and under-insured.

**Call 585-325-5260**

for more information, or visit our website at

[www.sjncenter.org](http://www.sjncenter.org)



417 South Avenue, Rochester, NY 14620

## In Memoriam - Dale O'Donnell 1939-2019

Dale O'Donnell, beloved by her three sisters, one brother, nieces, nephews, grandnieces, grandnephews and many of the retail stores at Marketplace Mall, died on Feb. 16, 2019.

Dale celebrated her 80th birthday on Feb. 13. She had been a resident of a local nursing home in the area. In early Feb, a bed sore turned into sepsis and complicated by an underlying condition, she was hospitalized. She died Feb. 16 at Strong Memorial Hospital on a cold, still winter night with a brilliant moon shining, and many stars shining.

To the world, Dale's life may have seemed of little consequence. She died possessing little to nothing. She didn't own a home. She didn't own a car. No stocks. No bonds. No pensions or large bank accounts. She held no high degrees.

She attended St. Boniface Grammar School and Mercy and Monroe High Schools. She dropped out at 16 years old to help support her family when her parents separated. She earned a GED in the 1960s and took a few courses at Monroe Community College. Over the years, she worked in retail (Fanny Farmers Candy Store was her sister's personal favorite) and D.C. Turner Factory on St. Paul St.

Dale was a night owl who stayed up long after everyone else went to sleep. She was a devoted late night movie fan and because of her avid reading of movie star magazines, she knew all the dirt on Gregory Peck, Rock Hudson and Lana Turner.

She was a devout Catholic who attended Mass every Sunday at St. Boniface or Blessed Sacrament Churches. On Friday nights during Lent, Dale would fast all day. But at 11:45 p.m., she'd go into the kitchen and start making salami or liverwurst sandwiches spread

with mustard or mayonnaise, put potato chips on the plate. At the stroke of midnight, she'd run into the kitchen and begin eating.

Dale's brother Terry O'Donnell said that "Dale died as humble as any monk could... but she still would give her shirt off her back."

As it happens, she was an honorary member of the Third Order of Lay Carmelites, a Roman Catholic group that asks its members to follow a life of prayer, contemplation and self-denial and wear "the scapular of Our Lady of Mt. Carmel." She wore the brown scapular until the moment of her death and was buried with it.

Jean O'Donnell Milne remembers her sister as a giving and deeply spiritual person.

Jean serves as a Eucharistic minister at St. Boniface and would bring the Communion wafer to Dale at Strong Memorial Hospital during her sudden, very short hospitalization.

Jean said that after she gave her the host, Dale asked Jeannie, "How are you feeling?" Then she said, "I offered the Communion for your intention." What she meant was she'd offered the taking of Holy Eucharist for whatever was Jeannie's greatest need. "At the end of her life," said Jean, "she offered the sacrament to me." To the very end "Dale was loving and giving."

Despite a limited income, Dale was an enormously generous woman. She was a fashionista before the word even existed. She loved costume jewelry and shopping and could find an expensive item marked down, marked down, marked down to a ridiculously low price.

She loved the actor James Dean in the 1950s and kept many of the movie star magazines with photos. She enjoyed gossip magazines especially People. For a time, she loved Bingo and attended



games around the city. She never said no to good food or parties.

She was friendly to everyone she met, able to talk to anyone and draw them out because she was curious and interested in just about everything.

Memories of Dale, held by her family members, were read during the eulogy.

Dale would sing her youngest sister to sleep. Her sister was a kindergarten drop out, and their mother let the youngest daughter to stay up and watch monster movies on Shock Theater. The result was nightmares that featured vampires, werewolves and swamp aliens from outer space. Dale would sing her to sleep on many of those nights. She sang the songs of the 1950s: "Cherry Pink and Apple Blossom White" by Pat Boone, "Golden Earrings" by Peggy Lee, "Man in a Raincoat" by Priscilla Wright. (They still can be found on YouTube).

She was quick with a compliment, most often on how people looked.

Linda O'Donnell remembers her sister as "an avid reader of biographies of [Catholic saints] or movie stars. "Dale never failed to lift my spirits with her optimism. She would always say, "Tomorrow will be better."

Dale never gave birth to children, but she acted as loving mother to her nephews and nieces and grandnieces and nephews.

Nephew Lance Milne spoke of her kindness. "I can't remember a harsh word. The best word I can think to describe her is kind. She was generous with anything she had. I do remember as a small kid, she had a chocolate bar. (She and Grandma loved plain Hershey bars. I loved

them with almonds.) So, I remember watching her unwrapping it, and she offered me as much as I wanted. She was a very good share-er."

Dale's nephew Jason Milne remembered how eccentric she was and how Dale didn't care what others thought of her style or behavior.

"She never had a driver's license," said Jason. "She always sat in the backseat of the car while her sister [Linda] drove her. It proves that she really was the undiscovered actress we thought she was."

Her nephew Derek Milne said she would take him to McDonalds every weekend. "Then we'd head out to Marketplace Mall where she would buy an outfit and return the one she bought the week before."

Ron Reagan, who married her niece Amanda Milne, said he admired Dale's simplicity and her childlike enthusiasm about so many things.

A photo posted of her online that showed her dressed up for High Tea at a local restaurant, garnered many responses from neighbors, acquaintances and even strangers. One wrote: "A pure soul shining through." Fatima Bayram of Paislee Boutique and Thimble Tailor who only knew Dale through her dry-cleaning order wrote when she learned of her death: "I love Dale! Such a good woman."

Dale left a legacy of love that triumphed over status and privilege, bank balances and accolades. She lived a simple life and died a spectacular woman. In the Jewish tradition, friends wrote, "May her memory be a blessing."

We were all blessed that we had Dale O'Donnell in our lives. In the last words of her eulogy, those gathered were invited to carry on her legacy forward following her path of generosity, love, kindness, spirituality and share in her willingness to be eccentric, to enjoy a ride in the back seat and to believe that while today we may be filled with sorrow, tomorrow will be better.



### New Golisano Autism Center Celebrated Nancy O'Donnell

While dignitaries and local autism advocates and well wishers arrived at the grounds of The Golisano Autism Center and UR's Medicine Golisano Pediatric Behavioral Health & Wellness Building, construction continued behind the big white tent.

Among the assembled were Mayor Lovely Warren, Congressman Joe Morelle, and County Executive Cheryl Dinolfo. Many lauded Tom Golisano and the Golisano Foundation who provided more than \$3.5 million in funding towards this \$9 million project.

The new one story center will house more than a dozen community

providers including two of the founding members, AutismUp and CP Rochester.

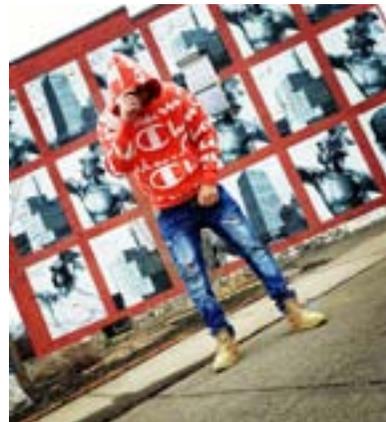
The Center will offer support and services for individuals on the autism spectrum and their families, across "the lifespan of individual from early intervention ...through early adulthood."

Among the special features are a 54,000 sq. ft. "multi-sensory area designed to allow ready access to a wide variety of sensory regulation activities."

Autism prevalence continues to rise, increasing to an estimated 1 in 59 children in 2018 according to the CDC.

## Humans of the South Wedge

Nancy O'Donnell



### Joshua Truax Fashion Traveller

"I post a lot of pictures of fashion and street art around Rochester. I am a fashion student through a certificate program through Fashion Institute of Technology. (FIT). I truly love fashion and art which I think go hand and hand.

I put my head down because it's like my signature on a painting. I want the photo to be about fashion, art and architecture, not me."

You also can look at many more photos from all over Rochester on Instagram at @tru\_aesthetics825 and reach me at Jtunleashed@gmail.com."



From left to right above, Truax outside SWPC office on Mt. Hope Ave. and on South Ave. Below Frederick Douglass Library

# What's in Your Garage

David H. Day

Let's assume that winter's worst snows have passed; you're thinking spring; maybe time for a little yard cleaning. You trek out to your garage intent on exchanging your snow shovel and the lighted reindeer lawn ornaments for a rake. But wait!! You can barely get the garage door open without staring into the cascade stuff you stashed in there and haven't known what to do with; the old push-mower, those kettlebells you bought because of an inspiration you had at LA Fitness; your old basketball hoop, a partial set of Jarts, that rack of empty flower pots, last winter's worn snow brushes, a trio of filthy lawn chairs with ripped webbing, the ones you used to cart to Highland Bowl for summer Shakespeare, and a couple of tread-bare tires from your car and...BAM!! It hits you: when was the last time you actually used your garage for your car?

You're not alone. Only one out of every four Americans use their garage for its intended purpose. Most of us might score an F in a 2015 survey by University of Texas psychologists of specific emotions we attach to the ambience of each room of our house, including the garage. The single and most common "ambience" attached to the garage, according to survey respondents was organization.

Coming from an old French word, *garer*, or shelter, the modern garage averages 12' X 22'. Garage doors are at least 7' and, lately, ballooning to as many as 12' high to accommodate roof racks. Bloated garages for your GMC YUKON SUV or Ford F-150 command a new market for all sorts of customized shelving and stowage. Imagine the size of Jay Leno's garage, with his 286-car collection!

Now regarded by most of us as decidedly prosaic, vernacular structures, the humble garage has roots in ancient European carriage houses or stables, many of which housed household servants or, later, the family chauffeur, who lived above in an apartment. These structures were detached from the main manor house for sanitary reasons.

Such detached garages can still be seen—minus the horses and their hostlers—driving through Brighton's tony Houston Barnard neighborhood, especially Sandringham, Ambassador Drive and Esplanade. Barnard was an early local developer who, in the 1920s and 30s specified that garages in this fashionable area must not be seen from the street. Whether intended or not, this design feature created an almost structural dualism between sacred and profane space. Indeed, it's often hard to spot these garages tucked behind many of these Tudor, Georgian and Mediterranean-style mansions, including the former homes of Frank Gannett, F. Ritter Shumway and other moneyed locals. Elsewhere, stately homes along and just off East Avenue feature elegant old garages the size of most average homes.

In or near the South Wedge, such detached garages (though in more middle-class settings), can be easily seen along Cypress, Hickory, Hamilton and many other Rochester city streets.

Then, after WWI, this pattern changed as builders responded to

changes in everyday life. Garages in some neighborhoods were lined up along service alleys like the rather quaint, semi-private alley tucked between Gregory and Rockingham streets. They were thus invisible from the street with access only from one's back yard. A more significant change came when, in 1910, Frank Lloyd Wright designed what may well be the first attached garage for his landmark Robie House (1909) in Hyde Park, south Chicago, with space for three vehicles. It's in the Prairie style, with an attached three-car garage. The home now has UNESCO Heritage status.

Still, the much smaller and more typical WWI houses with lots averaging 25' X 100' precluded erecting a garage next to the house, so into the backyard they went, sometimes accompanied by a clothesline or a doghouse.

After WWII, garages migrated toward the front of the house just as family cars grew in size and driveway aprons swept expansively toward the sidewalk. To have not one, but three garage doors was, for some, a sign of status; cars could be washed in the driveway on weekends and, when the doors were up, neighbors could glimpse a stored motorboat, garden tools and several bicycles, even a freezer. Innovators like Wozniak and Jobs could experiment with the earliest computer inside a garage and the echo-chamber space formed a crucible for garage-bands like Nirvana.

Home workshops or gyms, or even S&M dungeons would fit handily. Alas, the garage also became a fitting place to inhale CO<sub>2</sub> while sitting in one's car in the enclosed space as in Netflix's unsettling *Thirteen Reasons Why*.

Gaining traction in some cities, notably Portland, Oregon, Austin, L.A. and Vancouver, are ADUs, or Accessory Dwelling Units, often called "granny flats" where, if building codes permit, garages are turned into apartments. Surely an option for high-cost cities with sky-high housing affordability.

Time for a confession; my wife and I have garaged our car exactly once in close to half a century. Our driveway

*continued on pg. 10*



**Bauman's**  
**BARBER SHOP**

Tuesday 9-6  
 Wednesday 9-5  
 Thursday 9-5  
 Friday 9-5  
 Saturday 8-2

585.473.6061  
 732 South Avenue  
 Rochester, New York 14620

Mike Bauman  
 Owner/Barber

facebook.com/  
 baumansbarbershop

**Saint Boniface Church**

330 Gregory Street  
 585.271.7240  
 www.southeastrochester Catholics.org

**Come Worship With Us**

**Please join us for Weekend & Daily Masses**

Saturday 5:00 p.m.  
 Sunday 9:00 a.m.  
 Tues & Fri 7:30 a.m.

**Sacrament of Penance**  
 Saturday 4:00 p.m.

Check us out on Facebook



**Check-out our workshops**  
 like... Tai Chi for Arthritis, Living Healthy,  
 Medicare 101 & more! Most offered monthly!

[www.lifespanrochester.org](http://www.lifespanrochester.org)  
 (see classes/events tab)

Making Rochester  
 a great place to age well.

[www.lifespanrochester.org](http://www.lifespanrochester.org)  
 585-244-8400

# Planetary Messengers

**Aeolea Wendy Burwell & Peter Doughty**

Welcome to what we hope will become an ongoing series focused on the art science of astrology. In writing this we hope to spark the interest of a wide range of readers from those who might know their Sun signs to others who know nothing about astrology, including those who think it just might be a “hippy hoax” from the 60’s. Actually, its history is deep and worldwide, starting from the beginning of our recorded history to present day. Every developed culture has looked to observe and understand celestial movement through their own unique lens and if we choose, our lives can also be enriched by this knowledge. The planets in our solar system carry names from Greek and Roman mythology, and one of these in common everyday usage is Mercury. It is not unusual these days to hear someone say “Oh no! Is Mercury retrograde again?” But do we know what that really means? Often depicted with wings on his feet and cap, the “winged messenger” was the one god who could visit both Mt. Olympus and the Underworld. His movement was the swiftest among the gods, just as the planet is the fastest moving in our celestial neighborhood. He can even be

spotted atop the Aqueduct Building in our local Rochester skyline. The word mercantile, meaning business, is traced back to Mercury, and among his many spheres of influence are transportation, scheduling and everything related to messaging. And, without a doubt, we live in an increasingly Mercurial world! So, when the planet is going “retrograde” from our mortal perspective here on earth, what is really going on? It’s simple: it only appears to be retreating. In actuality, the apparent backward movement is due to its own orbit. All planets (save the Sun and Moon, which are luminaries) have a retrograde phase from our earthy vantage point. Mercury, however, does it with the most frequency – three times each year – for approximately three weeks each time, making our lives just a bit more interesting. These periods of time are great for review, revision, rethinking, and inner reflection. They are not great cycles to start new projects, buy new big-ticket items or enter into new contracts. Broadly speaking, these are unlikely to turn out as expected. These are also times with transportation mishaps with far-reaching consequences. The recent tragic loss of the Ethiopian Airlines

flight last month on March 10 is a prime example. Not only were many families grievously affected, but also several United Nations programs lost crucial leadership. In addition, the grounding of many other Boeing 737 flights frustrated hundreds of other travelers and stressed the resources of many airlines. In our personal lives, a Mercury retrograde period can show up in many ways, from car troubles, missed appointments, frequently needing to re-schedule meetings, greater frequency of miscommunication, dropping our telephones in the toilet, and many things in between. Specifically, how have these areas been functioning for you over the past few weeks (March 5-28)? And coming up for the rest of 2019 these will again be times of Mercury retrograde: July 7-31 and Oct 31-Nov 20. Now that you are aware, it is possible to make the best use of these times and perhaps avoid some trouble. Be advised : Mercury is a trickster! If you’re interested in seeing how Mercury (and other planets) might be affecting your horoscope, Aeolea Wendy Burwell and Peter Doughty are available for personal consults: aeolea@juno.com, Zodiacalspiral.com.



*Mercury is multiplied on the SWPC office walls. (Photo by Peter Doughty)*

Aeolea Wendy Burwell has also been a student of the celestial arts for over forty years, and is currently teaching astrology in her living room or wherever possible. (aeolea@juno.com) Peter Doughty has nearly forty years experience studying and writing about mundane astrology, including his blog over the past seven years and recent book entitled *Scenes from a Tapestry*. (ZodiacalSpiral.com, zoidion@protonmail.com) Both are available for individual chart consultations in person or over the phone.



Jaslynn is a Registered Nurse and has worked in the Observation Unit for 4 years.

**Proud to be your  
community hospital.**



**Get your  
ad in  
the  
WEDGE  
in 2019  
Business  
card size  
costs  
only \$33  
a month!  
Call for  
more  
info.  
586.257.  
1740**

## What’s in Your Garage

*continued from pg. 9*

slopes down, is grassed in (to amplify the kids’ play area in summer) and the right-angled turn necessary to reach the garage is ridiculously impossible with our 2018 vehicle. I’ve therefore groaned after every snowfall this past winter as I scraped snow off the car which, for several decades, has been parked outdoors up close to the apron. I might suggest that, as you drive down our city streets, take a look at people’s garages. It’s about as exciting as counting fire hydrants or checking out the condition of your neighbors’ front steps. But you just might be motivated to call 1-800-Got-Junk. Meanwhile, back to your driveway. There you are staring into your own black hole of Calcutta jammed with the detritus of your life. You’ve excavated your rake and it’s time to take care of leftover leaf debris from winter. Spring is a great time for garage sales. How about it? just think of the possibilities. You might just make room for, of all things...your car.

## DO YOUR PART

Don’t Litter.

Pick it up when you see it.

Check out #litterati on Instagram.

Litterati has collected and logged over 700,000 pieces of trash!

And while you’re at it, you can cut back

on your use of plastic way before the

law changes. Bring a cloth or net bag

for your groceries, your personal take-

out containers, your own spoons, etc.

Let’s keep plastic out of the ocean.

# Workplace Problem Gambling: Start the Conversation

**Amy Cavalier**

In recognition of Problem Gambling Awareness Month, DePaul's National Council on Alcoholism and Drug Dependence – Rochester Area (NCADD-RA) joins the New York Council on Problem Gambling (NYCPG) to raise awareness about the connections between problem gambling and problems in the workplace.

Now a mainstream activity in our communities, gambling opportunities are making their way into the workplace. Nearly 668,000 adults in New York State (or five percent) are struggling with a gambling problem. Problem gambling causes not only financial issues, but also other problems such as other addiction issues, depression, suicide, and decreased productivity at work.

The effects of problem gambling on the workplace include a loss of time, loss of productivity, and more extreme effects such as theft, fraud and embezzlement. It's important that employers and the workforce are educated about the warning signs of problem gambling, and that employee assistance programs are prepared to assist those struggling.

Warning signs of problem gambling in the workplace include:

- Deterioration of work performance
- Frequent, unexplained absences from work
- Preoccupation with gambling opportunities in the workplace such as sports pools, betting opportunities, etc.
- Frequently borrowing money from coworkers, or arguing with coworkers about financial issues
- Requests for pay in advance, or cashing in retirement or vacation time
- Mood swings or a change in personality
- Verbalizing the negative effects of gambling on one's life

Problem gambling affects not only the individual who is gambling, but also their loved ones, affecting between eight and 10 additional people, including family, friends and coworkers. That equates to an additional 6.7 million people in New York who are affected by problem gambling!

Start the conversation with your family members. Let's all do our part to help raise awareness about how problem gambling affects people in their workplace.

Additionally, NCADD-RA is once again partnering with NYCPG to support the YOU(th) Decide project in Monroe County. YOU(th) Decide is an effort to prevent underage and problem gambling. NCADD-RA has been a part of this project, since its inception eight years ago.

YOU(th) Decide is designed to be a multi-dimensional prevention effort aimed at reducing underage gambling. NCADD-RA provides, upon request, educational outreach and presentations for youth, parents and for community leaders to decrease youth availability to gambling activities.

If you, your child, your school or community group would like more information about problem gambling or would like to get involved, contact Jennifer Faringer, Director of NCADD-RA at [jfaringer@depaul.org](mailto:jfaringer@depaul.org) or call (585) 719-3480. Find out more about our local efforts as well as resources at <https://ncadd-ra.org/awareness-campaigns/underage-gambling>. To learn more about statewide efforts, visit [YOUthDecideNY.org](http://YOUthDecideNY.org).

- ▶ RETIREMENT PLANS
- ▶ INSURANCE
- ▶ INVESTMENTS

WHEREVER YOU ARE IN LIFE  
we are here for you.



Contact me for a complimentary consultation  
**Teresa Hemann**  
Tel: 585-831-3288  
Email: [teresahemann@legendequities.com](mailto:teresahemann@legendequities.com)



1425 Jefferson Road, Rochester, NY 14623

Advisory services offered through Capital Analysts, Legend Advisory or Lincoln Investment, Registered Investment Advisers. Securities offered through Lincoln Investment, Broker/Dealer, Member FINRA/SIPC. www.lincolninvestment.com

G8610 05/18

## What's The Buzz?

Want to publicize an event, get the word out about an issue you're passionate about, have an idea for a story? E-mail or call: Nancy O'Donnell at [thewedge@swpc.org](mailto:thewedge@swpc.org) or call 256-1740, ext. 4.



**Schraders' Garage**

686 Clinton Ave S  
Rochester NY 14620

271-5179

Monday through Friday  
7:30 am - 5:30pm

Quality Work - Fair Prices

Complete Maintenance & Repair  
Domestic & Japanese Cars  
Volkswagen & Volvo  
Convenient to Downtown

VISA-MASTERCARD-DISCOVER

## 4<sup>TH</sup> ANNUAL HIGHLAND PARK & SOUTH WEDGE DONATION DRIVE

This year's drive: **KIDS & BABIES!!!**

**Location:** 60 Mt. Vernon Ave

**Date:** May 1<sup>st</sup>- 31<sup>st</sup>

**Time:** Anytime! Drop off on Porch

### OUR WISH LIST:

- Baby, toddler & kid clothes, coats and shoes
- Baby care items: diapers, wipes, formula, bottles, baby bath, etc.
- Baby gear: pack n plays, strollers, car seats, diaper bags, baby carriers, receiving blankets, towels, etc.
- Maternity clothes (all sizes) and nursing items (pads, privacy covers, Boppy Pillows)
- Toys & Book for Babies and Kids

### You have no kids stuff?... Run to the Dollar Store. Also collecting:

- Feminine & personal hygiene products: sanitary napkins, tampons, soap, shampoo, antiperspirant, etc.
- Paper products: toilet paper, paper towels, tissues
- Cleaning products: laundry detergent, dishwashing liquid, cleaning sponges

### This year's drive is benefiting:

- MINO (Mothers in Need of Others)
- Rochester Free Store (at the South Wedge Mission)

See our article on Page \_\_\_ for more info on these two amazing groups!

Please, no items that are stained, dirty, have missing or broken pieces, or are expired.

Email Andrea Borrelli for more information: [amc0815@gmail.com](mailto:amc0815@gmail.com)

# Thank You!

Don't forget to clip this ad out and put it on the fridge!!!

## Sudoku Solution continued from pg. 6

Str8ts Solution

2	1		4	5	3	6		
1	2	7	5	3	6	4	8	
5	4		3	1	2	9	6	7
4	5	3	6	2	1	7	8	9
3	4	5	6	7	8	9		
7	6	8	4	3	5		1	2
8	9		2	4	6	3	7	5
6	8	7	9		4	2	3	
3	7	6	8	9		5	4	

Sudoku Solution

1	3	6	4	9	8	5	2	7
8	5	2	7	1	3	4	9	6
7	4	9	6	2	5	3	8	1
2	6	8	3	5	1	7	4	9
9	7	5	2	8	4	6	1	3
4	1	3	9	6	7	2	5	8
6	2	4	8	7	9	1	3	5
5	8	7	1	3	2	9	6	4
3	9	1	5	4	6	8	7	2



Are you bothered by someone else's drinking?  
Call 585.288.0540 or visit [www.alsrochester.org](http://www.alsrochester.org)  
for a list of meetings.

Be a fool for love!

Over 12 Years:

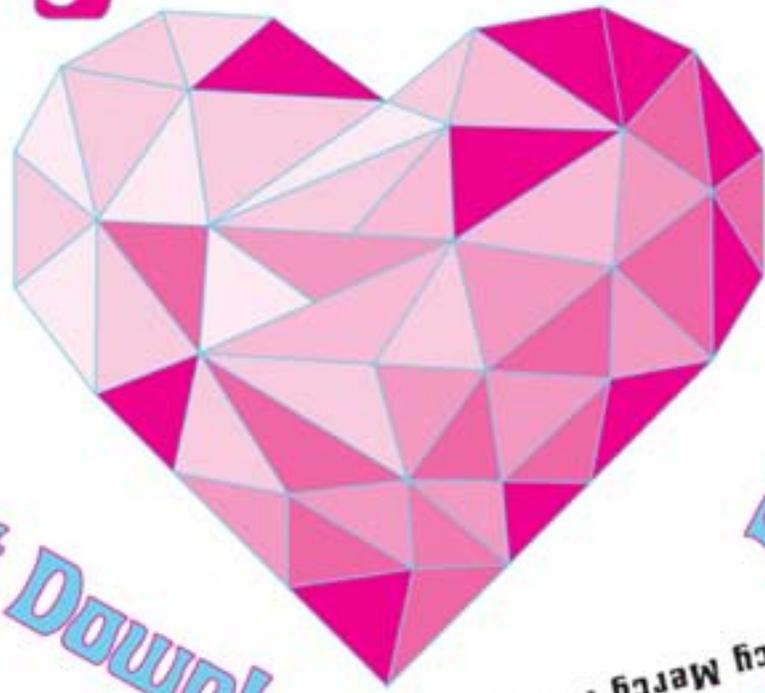
- \$15,000,000 Reinvested in Our City
- 560 Owner Occupied Homes Preserved
- 1000+ Families Eating Healthier
- 289 Small Businesses Assisted
- 33 Vacant Houses Saved



Join your friends and neighbors, business associates and elected officials as we celebrate all that is great about Rochester and our neighborhoods.

Bad Romance - Brick House - Can't Stop The Feeling - Cheap Thrills -  
 Treasure - Take Five - Superstition -  
 Dancin' In The Streets - Get Lucky - Hand Clap - Higher Ground -  
 Love Train - Mercy Mercy Mercy - Pure Funk - Shakedown Street -  
 Get Down! - Get Funky!

# City Love 2019



Dance to some classic funk performed by Uptown Groove

Enjoy tastings of local food and micro-brew samples

Check out the awesome silent auction and raffle prizes

The 8<sup>th</sup> Annual City Love event supports Rochester neighborhoods, housing rehabilitation, preservation, community victory gardens, The Southwedge Farmers Market, and The Wedge newspaper.

Tickets are limited - \$25 in advance - \$30 at the door

Tickets Available at : [RocCityLove.com](http://RocCityLove.com) - [historicgermanhouse.com](http://historicgermanhouse.com) - [swpc.org](http://swpc.org)

To purchase tickets in person go to: [ButaPub](http://ButaPub), 315 Gregory Street #2

Become an event sponsor: email [citylove@swpc.org](mailto:citylove@swpc.org)

For more information: call 585 256-1740 ext. 5 or visit [www.swpc.org](http://www.swpc.org)

May, 3 2019 / 6:30 - 9:00 p.m.  
 Historic German House / 315 Gregory St.

**The Wedge Gets Read!**

**Call for ad rates  
 585.256.1740, x104 or  
 585.978.963**